

M.S. Ramaiah University of Applied Sciences

**Programme Structure and Course Details** 

Of

MS Ophthalmology 2022 onwards

M.S. Ramaiah University of Applied Sciences

Ramaiah Medical College

Shalini

M.S.Ramaiah University of Applied Sciences

Bangalore - 560 054

Dean - Academics

M.S. Pamaiah University Applied Sciences

Principal and Dean

M.S. Ramaiah Medical College and Hospital M.S. Ramaiah University of Applied Sciences Bangalore-560054 Principal and Dean
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# M.S. Ramaiah University of Applied Sciences

**Programme Specifications** 

MS Ophthalmology Programme 2022 onwards

Programme Code: MD147

M.S. Ramaiah University of Applied Sciences

Ramaiah Medical College

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Bangalore-560054

# University's Vision, Mission and Objectives

The M. S. Ramaiah University of Applied Sciences (MSRUAS) will focus on student-centric professional education and motivates its staff and students to contribute significantly to the growth of technology, science, economy and society through their imaginative, creative and innovative pursuits. Hence, the University has articulated the following vision and objectives.

#### Vision

MSRUAS aspires to be the premier university of choice in Asia for student centric professional education and services with a strong focus on applied research whilst maintaining the highest academic and ethical standards in a creative and innovative environment

#### Mission

Our purpose is the creation and dissemination of knowledge. We are committed to creativity, innovation and excellence in our teaching and research. We value integrity, quality and teamwork in all our endeavors. We inspire critical thinking, personal development and a passion for lifelonglearning. We serve the technical, scientific and economic needs of our Society.

#### Objectives

- 1. To disseminate knowledge and skills through instructions, teaching, training, seminars, workshops and symposia in Engineering and Technology, Art and Design, Management and Commerce, Health and Allied Sciences, Physical and Life Sciences, Arts, Humanities and Social Sciences to equip students and scholars to meet the needs of industries, business and society
- 2. To generate knowledge through research in Engineering and Technology, Art and Design, Management and Commerce, Health and Allied Sciences, Physical and Life Sciences, Arts, Humanities and Social Sciences to meet the challenges that arise in industry, business and society
- 3. To promote health, human well-being and provide holistic healthcare
- 4. To provide technical and scientific solutions to real life problems posed by industry, business and society in Engineering and Technology, Art and Design, Management and Commerce, Health and Allied Sciences, Physical and Life Sciences, Arts, Humanities and Social Sciences
- 5. To instill the spirit of entrepreneurship in our youth to help create more career opportunities in the society by incubating and nurturing technology product ideas and supporting technology backed business
- 6. To identify and nurture leadership skills in students and help in the development of our future leaders to enrich the society we live in
- 7. To develop partnership with universities, industries, businesses, research establishments, NGOs, international organizations, governmental organizations in India and abroad to enrichthe experiences of faculties and students through research and developmental programmes

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# Programme Specifications: MS Ophthalmology

| Faculty                | Ramaiah Medical College |  |
|------------------------|-------------------------|--|
| Department             | Ophthalmology           |  |
| Programme              | MS Ophthalmology        |  |
| Programme Code         | MS147                   |  |
| Dean of Faculty        | Dr Shalini C Nooyi      |  |
| Head of the Department | Dr. S. Ananth Bhandary  |  |

1. Title of the Award: MS in Ophthalmology

2. Mode of Study: Full-Time

3. Awarding Institution / Body: M. S. Ramaiah University of Applied Sciences, Bengaluru

4. Joint Award: Not Applicable

5. Teaching Institution: Ramaiah Medical College

Date of Programme Specifications: September 2022

Date of Programme approval by the academic Council of MSRUAS: 27th September 2022

Programme Approving Regulating Body and Date of Approval: National Medical Council of India

9. Rationale for the Programme

The purpose of PG education is to create specialists who would provide high quality healthcare and advance the cause of science of oncology through research & training. Oncology is a highly specialized and technical discipline in clinical medicine comprising treatment with ionizing radiations and cytotoxic agent as major arms in non-surgical management and treatment of cancer. With a view to update, by inclusion of newer topics, and to provide a uniform syllabus and course contents in Indian universities and teaching medical institutions, the proposed guidelines provide course outlines based on recent developments in clinical medicine and other disciplines related to oncology.

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#### Programme objectives (PO) for MS Ophthalmology Postgraduate students

#### At the end of the program the postgraduate students should

- PO1. Develop the knowledge, skills and attitude to be a competent Ophthalmologist (C, P).
- PO2. Demonstrate a commitment to excellence and continuous professional development with integrity, compassion and sensitivity to patient care. (A)
- **PO3**. Acquire and develop the knowledge, skills and attitude required to be a competent and ethical researcher and teacher. (A, C, P)
- PO4. Be able to independently diagnose common ophthalmological disorders, perform refraction and common ophthalmological procedures with a reasonable degree of professionalism and competence.

  (C,P)

#### 10.Programme specific outcome (PSO) for MS Ophthalmology Postgraduate students

- PSO1 -Demonstrate the ability to diagnose and treat all common ophthalmological disorders. (C, A, P)
- **PSO2** Demonstrate the ability to perform common ophthalmological procedures with appropriate counselling of patients (C, A,P)
- **PSO3** Organise proper promotive and preventive care strategies in the community aimed at reducing the burden of preventive and treatable blindness (C, A, P).
- PSO4 Plan and conduct research related to the topic(C)
- PSO5 Demonstrate the ability to organise teaching / training sessions for students and health workers in topics related to prevention and treatment of common ocular disorders.. (P)

Note: A- Affective Domain, C- Cognitive Domain & P- Psychomotor Domain

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#### Course-PO-PSO Mapping

| Course Code and name                                                             | Prog | ram O | bjective | s   | Progra | m Specific | Outcome | s    |      |
|----------------------------------------------------------------------------------|------|-------|----------|-----|--------|------------|---------|------|------|
|                                                                                  | PO1  | PO2   | PO3      | PO4 | PSO1   | PSO2       | PSO3    | PSO4 | PSO5 |
| MSC509A<br>Basic Sciences related to<br>Ophthalmology,<br>Refraction and Optics  | 3    | 3     | 2        | 3   | 3      | 3          | 2       | 3    | 1    |
| MSC510A<br>Clinical Ophthalmology                                                | 3    | 3     | 2        | 3   | 3      | 3          | 3       | 3    | 1    |
| MSC511A Systemic<br>Diseases in Relation to<br>Ophthalmology                     | 3    | 3     | 2        | 2   | 3      | 3          | 3       | 3    | 1    |
| MSC512A<br>Recent Advances in<br>Ophthalmology and<br>Community<br>Ophthalmology | 2    | 2     | 3        | 2   | 1      | 3          | 3       | 2    | 2    |
| MSP503A<br>Thesis – Ophthalmology                                                |      |       | 3        |     |        |            |         | 3    |      |



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#### 10. Regulations:

- (A) Attendance, Progress and Conduct
- A candidate pursuing degree course should work in the concerned department of the institution
  for the full period as a full time student. No candidate is permitted to run or work in
  clinic/laboratory/nursing home while studying postgraduate course. No candidate shall join any
  other course of study or appear for any other examination conducted by this university or any
  other university in India or abroad during the period of study.
- Each year shall be taken as a unit for the purpose of calculating attendance. Attendance of 80% every term is mandatory for appearing in the final university examination.
- Every student shall attend symposia, seminars, conferences, journal review meetings, grand rounds, CPC, case presentation, clinics and lectures during each year as prescribed by the department and not absent himself / herself from work without valid reasons.
- 4. Every candidate is required to attend a minimum of 80% of the training during each academic term of the post graduate course. Provided further, leave of any kind shall not be counted as part of academic term without prejudice to minimum 80% attendance of training period every term.
- Any student who fails to complete the course in the manner stated above shall not be permitted to appear for the University Examinations.
  - (B) Monitoring of progress of Studies
- Work diary / Log Book Every candidate shall maintain a work diary and record of his/her participation in the training programmes conducted by the department such as journal reviews, seminars, etc. as per the model checklists and logbook specimen copy.
- Special mention may be made of the presentations by the candidate as well as details of clinical
  or planning procedures, if any conducted by the candidate. The work diary shall be scrutinized and
  certified by the Head of the Department and Head of the Institution, and presented in the
  university practical/clinical examination.
- 3. Procedure for defaulters: There will be a committee constituted by all teachers to review such situations. The defaulting candidate is counselled by the guide and head of the department. In extreme cases of default, the departmental committee may recommend that defaulting candidate will be withheld from appearing the examination, if she/he fails to fulfil the requirements in spite of being given adequate chances to set himself or herself right.
- 4. Each student has 3 months DRP postings as per NMC.

#### 11. Teaching Learning Methods:

This being a highly dedicated PG specialty introducing several new concepts/subjects in the course, it is recommended to divide the entire course into two components consisting of First Year of BASIC CONCEPTS OF THE SPECIALTY and the next two years of INTENSIVE CLINICAL TRAINING IN THE SPECIALTY.

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Didactic lectures are of least importance; seminars, journal clubs, symposia, reviews, and guest lectures should get priority for acquiring theoretical knowledge. Bedside teaching, grand rounds, interactive group discussions and clinical demonstrations should be the hallmark of clinical/practical learning. Students should have hands-on training in performing various procedures and ability to interpret results of various tests/investigations.

Exposure to newer specialized diagnostic/therapeutic procedures should be given. Importance should be attached to ward rounds especially in conjunction with emergency admissions. Supervision of work in outpatient department should cover the whole range of work in the unit. It is particularly necessary to attend sub-specialty and symptom specific clinics. The development of independent skills is an important facet of postgraduate training. Joint meetings with physician colleagues, e.g. radiologists and pathologists play a valuable part in training.

The training techniques and approach should be based on principles of adult learning. It should provide opportunities initially for practicing skills in controlled or simulated situations. Repetitions would be necessary to become competent or proficient in a particular skill. The more alistic the learning situation, the more effective will be the learning.

Clinical training should include measures for assessing competence in skills being taught and providing feedback on progress towards a satisfactory standard of performance. Time must be available for academic work and audit. The following is a rough guideline to various teaching/learning activities that may be employed:

- 1. Skills training
- 2. Conferences, Seminars, Continuing Medical Education (CME) Programmes.
- 3. Journal Club
- 4. Research Presentation and review of research work.
- 5. A postgraduate student of a postgraduate degree course in broad specialties would be required to present one poster presentation, to read one paper at a national/state conference and to present one research paper which should be published/accepted for publication/sent for publication during the period of his postgraduate studies so as to make him eligible to appear at the postgraduate degree examination.
- 6. Participation in workshops, conferences and presentation of papers etc.
- 7. Maintenance of records. Log books should be maintained to record the work done which shall be checked and assessed periodically by the faculty members imparting the training.
- 8.Postgraduate students shall be required to participate in the teaching and training programme of undergraduate students and interns.
- 9. Department should encourage e-learning activities.
- 12. Innovative teaching learning practices
- 1. Theme based teaching learning activities eg.. Cervical cancer for a full month.
- 2. Focused discussion during journal club inculcates culture in the areas of research and publication
- 4. FacultyLectureduring4th week: Helps in bridging the gap between what is presented during the month and what is not about particular topic. Also it reinforces learning

#### 13. Assessment:

It is essential to monitor the learning progress of each candidate through continuous appraisal and regular assessment. It not only also helps teachers to evaluate students, but also students to evaluate themselves. The monitoring will be done by the staff of the department based on

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participation of students in various teaching/learning activities.

- Formative assessment during 4th week of every month to include methods like pedagogy, chart analysis, histopathology report analysis, Viva, standardized patients, MCQs, Open book exams, OSCE will be done. Impact: SWOT analysis can be done and timely counselling can be done.
- Theory paper covering Radiation physics and Radiobiology at the end of 1st year. FA at
  the end of second year will be on common cancers such as Head and neck, breast and
  cervical cancer. Mock SA will be conducted in the same pattern as university exams one
  month before the final exams.
- Teaching skills: Candidates are encouraged to teach undergraduate medical students and paramedical students, if any. In addition, the second year student acts as a mentor for the immediate junior in all aspects of the course.
- 4. Pedagogy as a tool in formative assessment helps the student to be a better teacher.

#### Scheme of Examination:

#### A. Theory (Written Paper) 400 marks

There shall be four question papers, each of three hours' duration. Each paper shall consist of 10 short essay questions each carrying 10 marks. Total marks for each paper will be 100. Questions on recent advances may be asked in any or all the papers. Details of distribution of topics for each paper will be as follows.

| Name of the course                                                                                   | Course Code | Topics                                                                                                                                                                                                                                                                     | Marks |
|------------------------------------------------------------------------------------------------------|-------------|----------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|-------|
| Basic Sciences related<br>to Ophthalmology,<br>Refraction and Optics                                 | MSC509A     | Basic Sciences Anatomy of the eye & orbit Ocular Physiology Ophthalmic pathology, Microbiology & Immunology Biochemistry Relevant Ophthalmology Ocular Pharmacology Geometric and ophthalmic opticsDisorders of Refraction Ophthalmic genetics Investigative ophthalmology | 100   |
| Clinical<br>Ophthalmology-<br>anterior segment and<br>adnexae                                        | MSC510A     | Disorders of the Orbit, Disorders of the Lids, Disorders of the Lacrimal system Disorders of the Sclera and episclera Disorders of the Cornea and ocular surface disorders Disorders of the Conjunctiva Disorders of the Lens, Glaucoma                                    | 100   |
| Clinical Ophthalmology- posterior segment, strabismus and neuro-ophthalmology Systemic Ophthalmology | MSC511A     | Disorders of the Retina Disorders of the Uvea and Immune ocular Disorders Intraocular tumours Strabismus and Amblyopia Neuroophthalmology Paediatric ophthalmology Systemic ophthalmology                                                                                  | 100   |

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| Recent Advances in<br>Ophthalmology and<br>Community<br>Ophthalmology | MSC512A | Community ophthalmology<br>Surgical Ophthalmology Injuries of eye and orbit<br>Recent advances | 100 |
|-----------------------------------------------------------------------|---------|------------------------------------------------------------------------------------------------|-----|
| Thesis –<br>Ophthalmology                                             | MSP503A | Approval six months before examination                                                         |     |

#### A. Clinical:200marks

One long case of 80 and three short cases of 40 each.

#### B. Viva Voce:100 marks

#### 1) Viva-Voce Examination:(80Marks)

All examiners will conduct viva-voce conjointly on candidate's comprehension, analytical approach, expression and interpretation of data. It includes all components of course contents. In addition, candidates may be also be given case reports, OCT reports, gross specimens, pathology slide, Instruments, Perimetery reports X-rays, ultrasound, CT scan images for interpretation. It includes discussion on dissertation also.

#### 2) Pedagogy Exercise:(20Marks)

A topic be given to each candidate in the beginning of clinical examination. He/she is asked to make a presentation on the topic for 8-10 minutes.

#### C. Total Marks Distribution:

| Maximum marks for | Theory | Practical | Viva | <b>Grand Total</b> |
|-------------------|--------|-----------|------|--------------------|
| M.D degree course | 400    | 200       | 100  | 700                |

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#### Annexures

Annexure 1\_ Competency list
Annexure 2\_Overall course plan year-wise
Annexure 3\_Sample of monthly schedules
Annexure 4\_PG outside posting policy
Annexure 5\_Logbook entry
Annexure 6\_Students appraisal form



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Annexure 1

|       | Basic Sciences Competencies                                                                                                                                                                                                        |                                                                           |                              |
|-------|------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|---------------------------------------------------------------------------|------------------------------|
| SI.No | Competencies                                                                                                                                                                                                                       | Level of competency<br>K- Knows<br>KH-Knows HowS-<br>Shows<br>P- Performs | Assessment                   |
| 1     | Attain understanding of the structure and function of the eye and its parts inhealth and disease.                                                                                                                                  | К                                                                         | Essay, MCQ                   |
| 2     | Attain understanding and application of knowledge of<br>the structure and function of the parts of Central<br>Nervous System and other parts of the body with<br>influence or control on the structure and function of<br>the eye. | К                                                                         | Essay, SAQ                   |
| 3     | Attain understanding of and develop competence in<br>executing common general laboratory procedures of<br>Pathology, Biochemistry and microbiologyemployed<br>in diagnosis and research in Ophthalmology                           | KH, S, P                                                                  | Demonstration,<br>WPBA, DOPS |
| 4     | Be able to Interpret the diagnosis in correlation with<br>the clinical data and routine materials received in such<br>case                                                                                                         | KH, P                                                                     | Mini CEX                     |
| 5     | To demonstrate the knowledge of the pharmacological (includingtoxic) aspects of drugs used in ophthalmic practice and drugs commonly used in general diseases affecting the eyes                                                   | KH                                                                        | Essay, SAQ,MCQ               |
| 6     | Describe Immunology with particular reference to ocular immunology                                                                                                                                                                 | 100                                                                       | Essay, SAQ,MCQ               |
| 7     | Describe the Pattern of inheritance and Genetic<br>Variation of oculardisorders. And apply the<br>knowledge of Gene testing, genetic counselling and<br>gene therapy in cases required.                                            |                                                                           | SAQ, MCQ,<br>Viva Voce.      |

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#### **Optics and Refraction**

| SI No | Competencies                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                       | Level of<br>competency<br>K-Knows<br>KH-Knows How<br>S- Shows<br>P- Performs | Assessment                |  |
|-------|----------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|------------------------------------------------------------------------------|---------------------------|--|
| 1     | Describe the principles and concepts of Physical optics and apply them in the clinical practice.  1. Properties of light  a. Electromagnetic spectrum b. Wave theory c. Photon-particle theory  2. Diffraction 3. Interference and coherence 4. Resolution 5. Polarization 6. Scattering 7. Transmission and absorption 8. Photometry 9. Lasers 10. Illumination 11. Image quality 12. Brightness and radiance 13. Light propagation – Optical media and refractive index.                                                                         | к,кн                                                                         | Essay, SAQ,<br>Viva Voce. |  |
| Ž     | Describe the principles and concepts of Geometric optics and apply them in the clinical practice.  1. Reflection 2. Refraction 3. Spherical Lenses 4. Astigmatic Lenses(Sphero-cylinder lenses, Cross-cylinders-Jacksoncross-cylinder, Maddoxrod, Toriclenses, Conoid of Sturm) 5. Prisms 6. Notation of lenses(Sphero-cylinder, Maddoxrod, Toriclenses, Conoid of Sturm) 7. Identification of unknown lenses(Neutralization, Focimeter, Genevallensmeasure) 8. Aberrations of lenses(Correction of aberrations, Duochrome test) 9. Lens materials | Bangalons                                                                    | Essay, SAQ, Viva<br>Voce. |  |

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| 3 Describe the principles and concepts of clinical optics of eye and<br>apply them in the clinical practice.                                                                                                                                                                                                                                                                                                                                                                                       | KH,SH,P    | Essay, SAQ, Viva Voce.    |     |
|----------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|------------|---------------------------|-----|
| Optics of the eye                                                                                                                                                                                                                                                                                                                                                                                                                                                                                  |            |                           |     |
| Transmittance of light by the optic media                                                                                                                                                                                                                                                                                                                                                                                                                                                          |            |                           |     |
| Schematic and reduced eye                                                                                                                                                                                                                                                                                                                                                                                                                                                                          |            |                           |     |
| 4. Pupillary response and its effect on the resolution of                                                                                                                                                                                                                                                                                                                                                                                                                                          |            |                           |     |
| the optical system(Styles-Crawford effect)                                                                                                                                                                                                                                                                                                                                                                                                                                                         | 1          |                           |     |
| 5. Visual acuity                                                                                                                                                                                                                                                                                                                                                                                                                                                                                   |            |                           |     |
| a. Distance- and near-acuity measurement                                                                                                                                                                                                                                                                                                                                                                                                                                                           |            |                           |     |
| b. Minimal (visible, perceptible, separable,                                                                                                                                                                                                                                                                                                                                                                                                                                                       |            |                           |     |
| legible)                                                                                                                                                                                                                                                                                                                                                                                                                                                                                           |            |                           |     |
| c. Vernier acuity                                                                                                                                                                                                                                                                                                                                                                                                                                                                                  |            |                           |     |
| 6. Contrast sensitivity                                                                                                                                                                                                                                                                                                                                                                                                                                                                            |            |                           | - 5 |
| 7. Catoptric images                                                                                                                                                                                                                                                                                                                                                                                                                                                                                |            |                           | - ( |
| 8. Emmetropia                                                                                                                                                                                                                                                                                                                                                                                                                                                                                      |            |                           |     |
| 9. Accommodation                                                                                                                                                                                                                                                                                                                                                                                                                                                                                   |            |                           |     |
| 10. Purkinje shift                                                                                                                                                                                                                                                                                                                                                                                                                                                                                 |            |                           |     |
| 11. Pinhole                                                                                                                                                                                                                                                                                                                                                                                                                                                                                        |            |                           |     |
| Describe the principle and concepts of instruments and tests in                                                                                                                                                                                                                                                                                                                                                                                                                                    | KH,SH,P    | DOPS,WPBA                 |     |
| clinical refraction.                                                                                                                                                                                                                                                                                                                                                                                                                                                                               |            |                           |     |
| Demonstrate the technique of retinoscopy and perform an integrated refraction based upon retinoscopic results.  1. Retinoscopy 2. Subjective refraction 3. Measurement of BVD 4. Muscle balance tests 5. Accommodative power 6. Measurement of interpupillary distance (IPD) 7. Decentration of lenses and prismatic effect 8. Best form lens 9. Prescribing multifocal lenses 10. Prescribing for children 11. Cycloplegic refraction.  Acquire competence in assessment of refractive errors and | KH,SH,P    | DOPS, WPBA                |     |
| prescription of Spectacles and Contact lenses for all types of                                                                                                                                                                                                                                                                                                                                                                                                                                     | KH,SH,P    | Essay,SAQ,Viva Voce, Mini |     |
| refraction problems                                                                                                                                                                                                                                                                                                                                                                                                                                                                                |            | CEX,CaseDiscussion,WPBA   |     |
| 1. Ametropia                                                                                                                                                                                                                                                                                                                                                                                                                                                                                       |            |                           |     |
| a. Myopia                                                                                                                                                                                                                                                                                                                                                                                                                                                                                          |            | 1005                      |     |
| b. Hypermetropia (hyperopia)                                                                                                                                                                                                                                                                                                                                                                                                                                                                       | 10         | ciences * Mark            |     |
| C. Astigmatism                                                                                                                                                                                                                                                                                                                                                                                                                                                                                     | (3)        | 1: 111                    |     |
| d. Anisometropia                                                                                                                                                                                                                                                                                                                                                                                                                                                                                   | 13/        | 1119 g                    |     |
| e. Aniseikonia (Knapp's rule)                                                                                                                                                                                                                                                                                                                                                                                                                                                                      | of Applied | Barngolor <sup>®</sup>    |     |
| f. Aphakia                                                                                                                                                                                                                                                                                                                                                                                                                                                                                         | 131        |                           |     |
| g. Optical parameters affecting retinal image size                                                                                                                                                                                                                                                                                                                                                                                                                                                 | 100        | in Aeleman                |     |
| 2. Little at parameters attention retion limber size                                                                                                                                                                                                                                                                                                                                                                                                                                               | 13         | 40                        |     |
| 8. Option borniverers arrecting retinar image size                                                                                                                                                                                                                                                                                                                                                                                                                                                 |            | Asismic                   |     |

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|   | 2.                                                                                                                                               | Refract | ive errors                               |       |           |  |
|---|--------------------------------------------------------------------------------------------------------------------------------------------------|---------|------------------------------------------|-------|-----------|--|
|   |                                                                                                                                                  | a.      | Prevalence                               |       |           |  |
|   |                                                                                                                                                  | b.      | Inheritance                              |       |           |  |
|   |                                                                                                                                                  | c.      | Changes with age                         |       |           |  |
|   | 3.                                                                                                                                               | Correct | ion of ametropia                         |       |           |  |
|   |                                                                                                                                                  | S       | pectacle lenses                          |       |           |  |
|   |                                                                                                                                                  | a.      | CLs                                      |       |           |  |
|   |                                                                                                                                                  | b.      | IOLs                                     |       |           |  |
|   |                                                                                                                                                  | c,      | Principles of refractive surgery         |       |           |  |
|   | 4.                                                                                                                                               |         | nodative problems<br>ficiency-Presbyopia |       |           |  |
| 7 | 7 Acquire basic knowledge of manufacture and fitting of glasses and<br>competence ofjudging the accuracy and defects of the dispensed<br>glasses |         |                                          | кн,ѕн | DOPS,WPBA |  |

|         | Cornea, Conjuctiva & Sclera Con                                                                                                                                                                                                                                                                                                                                                                                                 | npetencies                                           |                                                                                        |
|---------|---------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|------------------------------------------------------|----------------------------------------------------------------------------------------|
| SI. No. | Competency                                                                                                                                                                                                                                                                                                                                                                                                                      | K-Knows<br>KH- Knows howSH-<br>Shows how P- Performs | Assessment                                                                             |
| (1)     | ANATOMY                                                                                                                                                                                                                                                                                                                                                                                                                         |                                                      |                                                                                        |
| 1       | Describe the basic anatomy, embryology, physiology, pathology, microbiology, immunology, genetics, epidemiology, and pharmacology of the cornea, conjunctiva, sclera                                                                                                                                                                                                                                                            | кн                                                   | Theory/ written assessment MCQ                                                         |
| 2       | Describe congenital abnormalities of the cornea, sclera, and globe (e.g., Peter's anomaly, microphthalmos, birth trauma and buphthalmos)                                                                                                                                                                                                                                                                                        |                                                      | Theory/ written assessment MCQ                                                         |
| 3       | Describe the more complex congenital abnormalities of the cornea, sclera, and globe (e.g., hamartomas and choristomas)                                                                                                                                                                                                                                                                                                          |                                                      | Theory/ written assessment MCQ                                                         |
| (2)     | CORNEA                                                                                                                                                                                                                                                                                                                                                                                                                          |                                                      |                                                                                        |
| 1       | Describe characteristic corneal and conjunctiva<br>degenerations (e.g., pterygium, pinguecula, senile plaques of<br>the sclera, keratoconus)                                                                                                                                                                                                                                                                                    | •                                                    | Theory/ written<br>assessment<br>MCQ                                                   |
| 2       | Recognize the common corneal dystrophies and degenerations (e.g., map-dot-fingerprint dystrophy, Meesmann dystrophy, Reis-Bucklers dystrophy, Francois syndrome, Schnyder"s crystalline dystrophy, congenital hereditary stromal dystrophy, lattice dystrophy, granular dystrophy, macular dystrophy, congenital hereditary endothelial dystrophy, Fuchs" dystrophy, posterior polymorphous dystrophy, Salzmann"s degeneration) |                                                      | Theory/written<br>assessment MCQ<br>Clinical testing by<br>supervision<br>With logbook |

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| 3  | Recognize the common corneal inflammations an<br>infections (e.g., herpes simplex, herpes zoster, syphili-<br>interstitial keratitis                                                                                                                  |                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                | Clinical testing by<br>supervision<br>With logbook                                     |
|----|-------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|--------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|----------------------------------------------------------------------------------------|
| 4  | Understand the fundamentals of corneal optics and refraction (e.g., keratoconus)                                                                                                                                                                      | кн                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                             | Theory/written<br>assessment MCQ<br>Clinical testing by<br>supervision<br>With logbook |
| 5  | Know eye banking procedures, donor selection, corneal storage                                                                                                                                                                                         | KH, S                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                          | Demonstration                                                                          |
| 6  | Perform basic nonlaser refractive surgery techniques (e.g., relaxing keratotomy)                                                                                                                                                                      | КН                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                             | Theory/written<br>assessment MCQ<br>Clinical testing by<br>supervision                 |
| 7  | Describe, recognize, evaluate, and treat peripheral corneal thinning (e.g., inflammatory, degenerative, Dellen related, infectious, immunologic)                                                                                                      | KH, S                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                          | With logbook Clinical testing by supervision With logbook                              |
| 8  | Recognize and treat less common corneal or conjunctival presentations of degenerations (e.g., inflamed, atypical, or recurrent pterygium, band keratopathy)                                                                                           | КН                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                             | Theory/written<br>assessment MCQ<br>Clinical testing by<br>supervision<br>With logbook |
| 9  | Describe the differential diagnosis, evaluation, and management of Thygeson"s superficial punctuate keratopathy                                                                                                                                       | кн                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                             | Theory/written<br>assessment MCQ<br>Clinical testing by<br>supervision<br>With logbook |
| 10 | Understand more complex corneal optics and refraction (e.g., irregular astigmatism)                                                                                                                                                                   | кн, s                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                          | Clinical testing by<br>supervision<br>With logbook                                     |
| 11 | Describe more complex ocular microbiology and describe<br>the differential diagnosis of more complicated corneal and<br>conjunctival infections (e.g., complex, mixed, or atypical<br>bacterial, fungal, Acanthamoeba, viral, or parasitic keratitis) |                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                | Theory/written<br>assessment MCQ<br>Seminar                                            |
| 12 | Describe differential diagnosis, evaluation, and treatment of interstitial keratitis (e.g., syphilis,viral diseases, non-infectious, immunologic, inflammation)                                                                                       |                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                | Theory/written<br>assessment MCQ<br>Clinical testing by<br>supervision<br>With logbook |
| 13 | Perform more advanced techniques, including keratometry, keratoscopy, endothelial cell countand evaluation, specular microscopy, and pachymetry  Perform more complex lid laceration repair                                                           | KH, S                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                          | Theory/written<br>assessment MCQ<br>Demonstration                                      |
| 14 | Perform stromal micro puncture                                                                                                                                                                                                                        | The state of the s | Clinical testing by<br>supervision<br>With logbook                                     |

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| 15 | Perform application of corneal glue                                                                                                                                                                    | P     | Clinical testing by<br>supervision<br>With logbook                                        |
|----|--------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|-------|-------------------------------------------------------------------------------------------|
| 16 | Assist in more complex corneal surgery (e.g., penetrating keratoplasty and phototherapeutickeratectomy)                                                                                                | кн, Р | Theory/written<br>assessment MCQ<br>Clinical testing by<br>supervision<br>With logbook    |
| 17 | Recognize and treat corneal lacerations (perforating and nonperforating)                                                                                                                               | KH, S | Clinical testing bysupervision<br>With logbook                                            |
| 18 | Describe and treat corneal and conjunctival FBs                                                                                                                                                        | КН, Р | Clinical testing bysupervision<br>With logbook                                            |
| 19 | Diagnose and treat severe corneal exposure (e.g., lubrication, temporary tarsorrhaphy)                                                                                                                 | KH, P | Clinical testing bysupervision<br>With logbook                                            |
| 20 | Perform and interpret the most advanced corneal techniques (e.g., pachymetry, endothelialmicroscopy, computerized corneal topography)                                                                  | KH, S | Theory/writtenassessment<br>MCQ Seminar<br>Clinical testing bysupervision<br>With logbook |
| 21 | Understand and perform specialized and complicated CL fitting (e.g., postkeratoplasty)                                                                                                                 | KH, S | Theory/writtenassessment<br>MCQ<br>Demonstration                                          |
| 22 | Perform more complex corneal surgery (e.g., penetrating or<br>lamellar keratoplasty, keratore fractive procedures, and<br>phototherapeutic keratectomy)                                                | кн    | Theory/writtenassessment<br>MCQ<br>Clinical testing bysupervision<br>With logbook         |
| 23 | Recognize and treat recurrent corneal erosions                                                                                                                                                         | KH, S | Theory/writtenassessment<br>MCQ                                                           |
| 24 | Recognize and treat complex corneal lacerations (e.g., lacerations extending beyond the limbus)                                                                                                        | КН    | Clinical testing bysupervision<br>With logbook                                            |
| 25 | Diagnose and treat the most severe corneal exposure cases (e.g., conjunctival flap)                                                                                                                    | кн    | Clinical testing bysupervision<br>With logbook                                            |
| 26 | Understand ocular surface transplantation, including conjunctival autograft/flap, amnioticmembrane transplantation, and limbal stem cell transplantation                                               | кн    | Clinical testing bysupervision<br>With logbook                                            |
| 27 | Understand the surgical indications (e.g., Fuchs" dystrophy, aphakic/pseudophakic bullous keratopathy), surgical techniques, and recognition and management of postoperative complications (especially | KH    | Theory/written assessment MCQ                                                             |

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immunologically mediated rejection) of corneal transplantation (e.g., penetrating, lamellar)

Evalaute and manage a patient with Dry eyes.

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Theory/writtenassessment Mo

Seminar

| 29 | Describe the clinical features, pathology, evaluation, and treatment of ocular cicatricial pemphigoid                                                                                                                             | КН    | Theory/writtenassessment<br>MCQ                                                   |     |
|----|-----------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|-------|-----------------------------------------------------------------------------------|-----|
| 30 | Recognize, evaluate, and treat the ocular complications of severe diseases, such as chronicexposure keratopathy, contact dermatitis, and Stevens–Johnson syndrome                                                                 | KH, S | Theory/writtenassessment<br>MCQ<br>Clinical testing bysupervision<br>With logbook |     |
| 31 | Describe the epidemiology, clinical features, pathology, evaluation, and treatment of peripheralcorneal thinning or ulceration (e.g., Terrien"s marginal degeneration, Mooren" ulcer, rheumatoid arthritis related corneal melt). | s     | Theory/writtenassessment<br>MCQ<br>Clinical testing bysupervision<br>With logbook |     |
| 32 | Describe the features, diagnose and treat (or refer) Vitamin<br>A deficiency (e.g., Bitot"s spot, dryeye, slowed dark<br>adaptation) and neurotrophic corneal diseases                                                            | КН    | Theory/writtenassessment<br>MCQ                                                   |     |
| 33 | Perform techniques of sampling for viral, bacterial, fungal,<br>and protozoal ocular infections (e.g.,corneal scraping and<br>appropriate culture techniques)                                                                     | KH, P | Theory/writtenassessment<br>MCQ                                                   | 100 |
| 34 | Perform and interpret simple stains of the cornea and conjunctiva (e.g., culture techniques, culture media, Gram stain, Giemsa stain, calcofluor –white, acid fast)                                                               | КН, Р | Theory/writtenassessment<br>MCQ                                                   |     |
| 35 | Manage corneal epithelial defects (e.g., pressure patching and bandage CLs)                                                                                                                                                       | Р     | Theory/writtenassessment<br>MCQ<br>Demonstration                                  |     |
| 36 | Recognize corneal lacerations (perforating and nonperforating), pterygium that may requiresurgery, and corneal and conjunctival FBs                                                                                               | кн, ѕ | Theory/writtenassessment<br>MCQ<br>Clinical testing bysupervision<br>With logbook |     |
| 37 | Diagnose and treat corneal exposure (e.g., lubrication, temporary tarsorrhaphy)                                                                                                                                                   | КН, Р | Theory/writtenassessment<br>MCQ                                                   |     |
| 38 | Perform manual superficial or lamellar keratectomy                                                                                                                                                                                | KH    | Clinical testing bysupervision<br>With logbook                                    |     |
| 39 | Perform more complex corneal laceration repair (e.g., stellate –perforating laceration)                                                                                                                                           | кн    | Clinical testing bysupervision<br>With logbook                                    |     |
| 40 | Assist lamellar corneal procedures                                                                                                                                                                                                | KH, P | Theory/writtenassessment<br>MCQ                                                   |     |
| 41 | Assist collagen cross linking.  Describe the most complex and less common congenital abnormalities of the cornea, sclera, and globe (e.g., cornea plana, keratoglobus)                                                            | KH, S | Theory/written assessment                                                         |     |
| 42 | Recognize common and uncommon corneal and<br>conjunctival neoplasms, dystrophies, anddegenerations<br>(e.g., lattice dystrophy)                                                                                                   | KH    | Theory/writtenassessment                                                          |     |
| 43 | Understand the most complex corneal optics and refraction (e.g., postkeratoplasty                                                                                                                                                 | KH,SE | Theory/writtenassessment<br>MCQ                                                   |     |

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| 44  | Perform an isolated corneal laceration repair (e.g., linear laceration not extending to limbus)                                                                                                                       | KH, S | Clinical testing bysupervision<br>With logbook   |
|-----|-----------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|-------|--------------------------------------------------|
| 45  | Describe the etiologies and treatment of superficial punctuate keratitis (e.g., dry eye, Thygeson"ssuperficial punctuate keratopathy), blepharitis, toxicity, ultraviolet photokeratopathy, contact lens[CL] related) | КН    | Theory/writtenassessment<br>MCQ                  |
| 46  | Describe the symptoms and signs, testing and evaluation for, and treatment of exposurekeratopathy and dry eye (e.g., Schirmer test)                                                                                   | KH, S | Theory/writtenassessment<br>MCQ<br>Demonstration |
| 47  | Administer topical anaesthesia, as well as special topical stains of the cornea (e.g., fluoresceindye and rose Bengal                                                                                                 | кн, Р | Theory/writtenassessment<br>MCQ<br>Demonstration |
| (3) | CONJUCTIVA                                                                                                                                                                                                            |       |                                                  |
| 1   | Recognize the basic presentations of ocular allergy (e.g., phlyctenules, seasonal hay fever, vernalconjunctivitis, allergic and atopic conjunctivitis, giant papillary conjunctivitis)                                | кн    | Clinical testing bysupervision<br>With logbook   |

| 2  | Recognize common conjunctival neoplasms (e.g., benign, malignant tumours)                                                                                                                                    | КН         | Clinical testing by<br>supervision<br>With logbook |
|----|--------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|------------|----------------------------------------------------|
| 3  | Describe the epidemiology, differential diagnosis, evaluation, and management of Bitot"s spots                                                                                                               | КН         | Theory/written<br>assessment<br>MCQ                |
| 4  | Describe more complex differential diagnosis of the "red eye" (e.g., autoimmune andinflammatory disorders causing scleritis, episcleritis, conjunctivitis, orbital cellulitis)                               | КН         | Theory/written assessment MCQ                      |
| 5  | Recognize and treat large, recurrent, or atypical pterygium that may require surgery                                                                                                                         | кн, Р      | Clinical testing by<br>supervision<br>With logbook |
| 6  | Recognize, evaluate, and treat chronic conjunctivitis (e.g.,<br>Chlamydia, trachoma, molluscumcontagiosum, Parinaud"s<br>oculoglandular syndrome, ocular rosacea)                                            | KH, S      | Theory/written assessment MCQ                      |
| 7  | Describe the basic differential diagnosis of acute and chronic conjunctivitis or "red eye" (e.g., scleritis, episcleritis, conjunctivitis, orbital cellulitis, and gonococcal and chlamydial conjunctivitis) | кн         | Theory/written<br>assessment MCQ                   |
| 8  | Perform more complex pterygium excision, including conjunctival grafting                                                                                                                                     | P          | Clinical testing by<br>supervision<br>With logbook |
| 9  | Describe the most complex differential diagnosis of the "red-<br>eye" (e.g., pemphigoid, pemphigus, Stevens–Johnson<br>syndrome)                                                                             | *          | Theory/written<br>assessment MCQ                   |
| 10 | Perform other complex conjunctival surgery (e.g., autograft, stem cell transplant)                                                                                                                           | KH31+ 5000 | Theory/writtenassessme<br>MCQ                      |

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| 11 | Manage and treat more complex neoplasms of the conjunctiva (e.g., carcinoma, melanoma).                                                                                                                | КН    | Theory/written assessment MCQ Semin Clinical testing bysuper vision With logbook |
|----|--------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|-------|----------------------------------------------------------------------------------|
| 12 | Perform removal of a conjunctival or corneal FB (e.g., rust ring)                                                                                                                                      | Р     | Demonstration                                                                    |
| 13 | Perform primary pterygium excision                                                                                                                                                                     | P     | Clinical testing by<br>supervision<br>With logbook                               |
| 14 | Describe less common and rare ocular infections and describe<br>the differential diagnosis of the most complicated corneal and<br>conjunctival infections (e.g., amoebas, leishmaniasis,<br>nematodes) | кн    | Theory/written<br>assessment MCQ                                                 |
| 15 | Perform a thin conjunctival flap (e.g., Gunderson flap)                                                                                                                                                | Р     | Clinical testing by<br>supervision<br>With logbook                               |
| 4) | Sclera                                                                                                                                                                                                 |       | With logbook                                                                     |
| 1  |                                                                                                                                                                                                        | КН,Р  | Theory/written assessment MCQ ,Clinicaltesting by supervision With logbook       |
| 2  | Describe the etiopathogenesis and management of<br>Staphylomas                                                                                                                                         | кн    | Theory/written<br>assessment MCQ                                                 |
| 3  | Evaluate and Manage a patient of scleral melt                                                                                                                                                          | KH, S | Clinical testing by<br>supervision<br>With logbook                               |

| 5) | ANTERIOR SEGMENT                                                                                                                                                                             |       |                                                                        |
|----|----------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|-------|------------------------------------------------------------------------|
| 1  | Describe the differential diagnosis and the external<br>manifestations of more complex anteriorsegment<br>inflammation (e.g., acute and chronic iritis with and<br>without systemic disease) | кн    | Theory/writtenassessment<br>MCQ                                        |
| 2  | Recognize and treat FB, animal, and plant substance injuries                                                                                                                                 | KH, S | Theory/writtenassessment MCQ Chical testing bysupervision With logbook |
| 3  | Recognize and treat more complex hyphemas (e.g., surgical indications)                                                                                                                       | KH, 5 | Clinical testing bysupervision<br>With logbook                         |
| 4  | Describe the basic mechanisms of traumatic and toxic injury to the anterior segment (e.g., alkaliburn, lid laceration, orbital fracture)                                                     | KH    | MCQ MCQ                                                                |

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| 5  | Understand the mechanisms of ocular immunology and recognize the external manifestations ofanterior segment inflammation (e.g., red eye associated with acute and chronic iritis)                    | КН    | Theory/writtenassessment MCQ                   |
|----|------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|-------|------------------------------------------------|
| 6  | Recognize and describe the treatment for a chemical burn (e.g., types of agents, medicaltherapy)                                                                                                     | KH, S | Theory/writtenassessment MCQ                   |
| 7  | Recognize and describe the etiologies of hyphema and microhyphema                                                                                                                                    | кн    | Theory/writtenassessment MCQ                   |
| 8  | Recognize the anterior segment manifestations of systemic diseases (e.g., Wilson's disease) and pharmacologic effects (e.g., amiodarone vortex keratopathy)                                          | КН    | assessment MCQ                                 |
| 9  | Recognize, list the differential diagnosis, and evaluate aniridia<br>and other developmental anteriorsegment abnormalities<br>(e.g., Axenfeld–Rieger and Peter"s anomalies and related<br>syndromes) | кн    | Theory/writtenassessment MCQ                   |
| 10 | Recognize and treat pyogenic granuloma.                                                                                                                                                              | KH, S | Clinical testing bysupervision<br>With logbook |
| 11 | Perform external examination (illuminated and magnified)<br>and slit lamp biomicroscopy, including drawing of anterior<br>segment findings                                                           | КН, Р | Theory/writtenassessment MCQ<br>Demonstration  |
| 12 | Treat hyphema and microhyphema (e.g., the complications of increased intraocular pressure andrebleeding).                                                                                            | KH, S | Clinical testing bysupervision<br>With logbook |
| 13 | Diagnose and treat the most complex traumatic and toxic injuries to the anterior segment (e.g.,total lid avulsion, severe alkali burn)                                                               | KH, S | Clinical testing bysupervision<br>With logbook |
| 14 | Describe the differential diagnosis and the external manifestations of the most complex oruncommon anterior segment inflammations (e.g., syphilitic keratouveitis)                                   | KH, S | Theory/writtenassessment<br>MCQ                |



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#### Contact lenses and its application Competencies

| SI.No. | Competency                                                                                                                                                     | Level of<br>competency<br>KH- Knows<br>HowS- Shows<br>P- Performs | Assessment                                                |
|--------|----------------------------------------------------------------------------------------------------------------------------------------------------------------|-------------------------------------------------------------------|-----------------------------------------------------------|
| 1      | Perform a basic CL history and examination and be aware of additional basic tests and questions that are required for CL patients with more complex needs 3 4. | P                                                                 | Theory/written<br>assessmentMCQ                           |
| 2      | Perform the techniques of retinoscopy, refraction, andover<br>refraction in the routine CL patient                                                             | Р                                                                 | Clinical testing bysupervision<br>With logbook Demonstrat |
| 3      | Describe the optics of the soft CL (SCL) and hard CL (e.g., rigid gas permeable [RGP] CL), base curve changes, the lacrimal lens, and the optic zone           | КН                                                                | Theory/written assessment<br>MCQ                          |
| 4      | Describe conversion of a spectacle prescription (Rx) to aCL Rx, including method of converting from plus to minus cylinder                                     | KH, S                                                             | Theory/written assessment<br>MCQ<br>Seminar               |
| 5      | Describe basic CL design, using appropriate terminology                                                                                                        | КН                                                                | Theory/written assessment<br>MCQ                          |
| 6      | Describe techniques for and perform basic CL fitting                                                                                                           | КН, Р                                                             | Theory/written assessment<br>MCQ<br>Seminar               |
| 7      | Describe selection of CL candidates with noncomplexneeds                                                                                                       | КН                                                                | Theory/written assessment MCQ                             |
| 8      | Use auxiliary CL instruments and tests (e.g., trial set, fluoresce in testing)                                                                                 | KH, S                                                             | Theory/written assessment MCQ Demonstration               |
| 9      | Perform CL verification for vision correction, fit, and comfort                                                                                                | KH, S                                                             | Theory/written assessment<br>MCQ<br>Demonstration         |
| 10     | Describe contraindications for CL use                                                                                                                          | KH (cd 1                                                          | Theory/written assessment                                 |
| 11     | Describe fundamentals of ophthalmic optics in CL<br>management (e.g., CL choices, techniques for fitting<br>individuals)                                       | KH, S                                                             | Theory/written assessment                                 |
| 12     | List the indications for CLs in noncomplex cases and<br>Describe CL choices and techniques for fitting individuals<br>with noncomplex CL needs.                | KH E                                                              | Theory/written assessment                                 |

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| 13 | Perform techniques to verify and inspect CLs                                                                                                                                                         | P     | Theory/written assessment<br>MCQ<br>Demonstration |
|----|------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|-------|---------------------------------------------------|
| 14 | Utilize appropriate teaching skills to instruct patients in the safe insertion, removal, and care of CLs                                                                                             | KH, S | Demonstration                                     |
| 15 | Technical skills 1. Perform advanced retinoscopy techniques in a CL patient                                                                                                                          | KH, P | Theory/written assessment<br>MCQ<br>Demonstration |
| 16 | Perform advanced refraction techniques in a CLpatient, including diagnostic fitting                                                                                                                  | KH, P | Theory/written assessment<br>MCQ<br>Demonstration |
| 17 | Perform techniques to verify and inspect CLs                                                                                                                                                         | KH, P | Theory/written assessment<br>MCQ<br>Demonstration |
| 18 | Utilize appropriate teaching skills to instruct patients in the safe insertion, removal, and care of CLs                                                                                             | KH, S | Demonstration                                     |
| 19 | Perform a more advanced CL history and examination,<br>employing additional tests and questions appropriate for<br>patients with more complex CL needs (e.g., keratoconus,<br>difficult CL fittings) | KH, P | Clinical testing bysupervision<br>With logbook    |
| 20 | Describe the more advanced optics of the SCLs and hard CLs (e.g., RGP CL), base curve changes, the lacrimal lens, and the optic zone)                                                                | KH, S | Clinical testing bysupervision<br>With logbook    |

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| 21 | Describe more advanced CL design (e.g., special lensesand special CL shapes or materials                                                                                                                                                                                                                                                 | КН         | Theory/written assessment MCQ                     |
|----|------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|------------|---------------------------------------------------|
| 22 | Describe and perform more advanced CL fitting (e.g., postkeratoplasty)                                                                                                                                                                                                                                                                   | KH, P      | Theory/written assessment<br>MCQ<br>Demonstration |
| 23 | Use auxiliary CL instruments in patients with more complex needs (e.g., postsurgical topography)                                                                                                                                                                                                                                         | KH, S      | Theory/written assessment<br>MCQ<br>Demonstration |
| 24 | Perform CL verification for vision, fit, and comfort in therapeutic CL cases                                                                                                                                                                                                                                                             | KH, S      | Theory/written assessment<br>MCQ<br>Demonstration |
| 25 | Describe more advanced concepts of ophthalmic optics inCL and indications for more advanced CL(e.g., therapeutic lenses)                                                                                                                                                                                                                 | KH, S      | Theory/written assessment MCQ Seminar             |
| 26 | Perform more advanced retinoscopy and refraction techniques in a CL patient including diagnostic fitting 3.                                                                                                                                                                                                                              | КН, Р      | Theory/written assessment<br>MCQ<br>Demonstration |
| 27 | Perform advanced techniques to verify and inspect<br>CLs in patients with complex CL needs (e.g.,<br>keratoconus, CL in children, active corneal disease)                                                                                                                                                                                | KH, P      | Theory/written assessment<br>MCQ<br>Demonstration |
| 28 | Perform appropriate CL selection (e.g., material selection,CL modification)                                                                                                                                                                                                                                                              | P          | Theory/written assessment MCQ                     |
| 29 | Perform corneal topography to fit CLs                                                                                                                                                                                                                                                                                                    | Р          | Demonstration                                     |
| 30 | <ol> <li>Perform the most advanced techniques in CL history<br/>and examination and understand what additional<br/>tests and questions are needed during the most<br/>complex CL examination<br/>(e.g., postkeratoplasty, multiple surgery,<br/>post refractive, complex keratoconus fitting, active<br/>corneal<br/>disease)</li> </ol> | KH, P      | Theory/written assessment MCQ Demonstration       |
| 31 | Perform retinoscopy and refraction in the CL patient withthe most complex needs (e.g., keratoglobus, keratoconus, following open globe repair [e.g., corneal laceration] ormultiple keratoplasty)                                                                                                                                        | KH, P      | Theory/written assessment<br>MCQ<br>Demonstration |
| 32 | Describe the most advanced optics and applications of<br>SCLs and hard CLs (e.g., piggyback CL)                                                                                                                                                                                                                                          | KH, S      | Theory/written - assessmentMCQ Seminar            |
| 33 | Describe the most advanced CL design, using appropriate terminology (e.g., special fittings, special lenses for difficult-to-fit patients                                                                                                                                                                                                | SED054 * S | Theory/written                                    |

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| 34 | Describe indications for and perform the most advancedCL fitting (e.g., post multiple keratoplasty or traumatic corneal repair)                                                    | КН    | Theory/written assessmentMCQ                                                      |
|----|------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|-------|-----------------------------------------------------------------------------------|
| 35 | Describe indications for and apply the most complex CL in special circumstances or for candidates presenting increased level of difficulty (e.g., postsurgical patients, children) | КН    | Theory/written assessment<br>MCQ                                                  |
| 36 | Use the auxiliary CL instruments in patients with the most complex needs (e.g., topography, fluorescein testing, diagnostic lenses).                                               | KH, S | Theory/written assessment<br>MCQ<br>Demonstration                                 |
| 37 | Describe the differences among CL material choices                                                                                                                                 | КН    | Theory/written assessmentMCQ                                                      |
| 38 | Describe methods of modifying a CL to improve comfort, vision, or physiological response.                                                                                          | КН    | Theory/written assessmentMCQ                                                      |
| 39 | Evaluate and manage CL -induced complications                                                                                                                                      | KH, S | Theory/written<br>assessmentMCQ<br>Clinical testing bysupervision<br>With logbook |
| 40 | Perform and interpret corneal topography in CL fitting                                                                                                                             | Р     | Theory/written<br>assessmentMCQ<br>Demonstration                                  |
| 41 | Perform CL modification in complex cases and Select the appropriate CL in more complex cases                                                                                       | KH, P | Theory/written<br>assessmentMCQ                                                   |



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#### Cataract and Lens

#### Disorders of the Lens

| SI.<br>no. | Competencies: At the end of three years of residence, thepost-graduate student should be able to                                                                                                                  | Level of<br>competer<br>K- Knows<br>KH-<br>Knows<br>how<br>SH- Shows | Assessment                   |
|------------|-------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|----------------------------------------------------------------------|------------------------------|
| 1.         | Elicit detailed and relevant clinical history in a patient with abnormalities of<br>the lens including lens opacities, subluxation/dislocations or abnormalities of<br>lens shape and size                        | Р                                                                    | Case-based discussions  OSCE |
| 2.         | Perform a detailed and relevant ocular examination and record the findings in a patient with abnormalities of the lens including lens opacities, subluxation/dislocations or abnormalities of lens shape and size | Р                                                                    | DOPS                         |
| 3.         | Prescribe optical correction to obtain best-corrected vision in a case of cataract before considering surgery                                                                                                     | Р                                                                    | DOPS                         |
| 4.         | Counsel a patient with cataract to choose the appropriate type ofintraocular lens (IOL)                                                                                                                           | Р                                                                    | Mini-CEX                     |
| 5.         | Estimate the IOL power in a case of cataract in an emmetropic eye and in special situations (too long eyes, too short eyes, paediatric eyes, post-LASIK eyes, aphakic eyes, and others)                           | P                                                                    | DOPS                         |
| 6.         | Evaluate preoperatively and interpret relevant systemic diseases in a caseof cataract or other lens disorders                                                                                                     | Р                                                                    | DOPS                         |
| 7.         | Perform and interpret preoperative evaluation for relevant extraocular conditions in a case of cataract (blepharitis, dacryocystitis, dry eyes and others)                                                        | n University of                                                      | DOPS                         |
| 8.         | Perform and interpret preoperative evaluation of relevant ocular conditions in a case of cataract (astigmatism, glaucoma, uveitis, retinaldisorders and others)                                                   | *                                                                    | DOPS                         |
| 9.         | Perform preoperative systemic evaluation/investigations of syndromic cataracts with associated ocular (as in Peter's syndrome) and systemic abnormalities (as in congenital rubella syndrome)                     | 054 P 50008                                                          | DOPS                         |

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| 10. | Counsel a patient with cataract undergoing surgery about visual prognosis including guarded/poor visual prognosis                                                                                                                                                                                                                                 | Р    | Mini-CEX                             |
|-----|---------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|------|--------------------------------------|
| 11. | Counsel a patient with cataract regarding different types of cataractsurgeries                                                                                                                                                                                                                                                                    | Р    | Mini-CEX                             |
| 12. | Perform various techniques of anesthesia for cataract surgery (e.g.,topical, peribulbar, retrobulbar, sub-Tenon"s)                                                                                                                                                                                                                                | Р    | DOPS                                 |
| 13. | Perform patient preparation for cataract surgery (Small incision cataract surgery and phacoemulsification) including dilatation of pupils, systemic workup, ocular workup, biometry, physician and anesthetist referrals whenever applicable.                                                                                                     |      | DOPS                                 |
| 14. | Perform surgical steps of extracapsular cataract extraction- Small Incision Cataract Surgery including wound construction, anterior capsulotomy, use of and removal of viscoelastics, nucleus delivery, cortical cleanup, IOL implantation and wound closure                                                                                      |      | DOPS                                 |
| 15. | Perform surgical steps of extracapsular cataract extraction-<br>Phacoemulsification including wound construction, anterior capsulorrhexis, instillation of and removal of viscoelastics, phacoemulsification techniques (e.g., sculpting, divide and conquer, phaco chop), irrigation and aspiration, cortical cleanup, foldable IOLimplantation. | Same | DOPS                                 |
| 16. | Perform the surgical steps of IOL implantation including rigid andfoldable                                                                                                                                                                                                                                                                        | P    | DOPS                                 |
| 17. | Evaluate a child with cataract and prepare for pediatric cataract surgery including timing of surgery, evaluation, choice of IOL, additional steps like primary posterior capsulotomy and primary anterior vitrectomy and amblyopia management                                                                                                    | SH   | OSCE<br>Case-based<br>discussion     |
| 18. | Perform Nd:YAG laser posterior capsulotomy                                                                                                                                                                                                                                                                                                        | SH/P | DOPSOSCE                             |
| 19. | Evaluate and prepare a case for clear lens extraction                                                                                                                                                                                                                                                                                             | SH   | OSCE<br>Case-based<br>discussion     |
| 20. | Recognise, evaluate and manage per-operative complications like posterior capsular tears, vitreous prolapse, intravitreal dislocation of cataractous fragments, choroidal effusions, iris prolapse, hyphema, Descemet's membrane detachment, wound-related problems and others                                                                    | SH   | OSCE<br>Case-based<br>discussion     |
| 21. | Perform post-operative management of a case of cataract including post-<br>operative general instructions, medications, follow-up, refraction, glass<br>prescription, visual rehabilitation, etc.                                                                                                                                                 | P (* | DOPSOSCE<br>Case-based<br>discussion |
| 22. | Recognise, evaluate and manage per-operative complications (intraocular pressure elevation, corneal edema, wound leak, hyphema, endophthalmitis, cystoid macular edema, retinal detachment, IOL dislocation, posterior capsular opacification, and others)                                                                                        | SH   | OSCE<br>Case-based<br>discussion     |

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| 23. | Recognize and refer or treat postoperative complications of cataract surgery (e.g. endophthalmitis, elevated intraocular pressure, cystoid macular edema, wound leak, uveitis).                                            | SH | OSCE<br>Case-based<br>discussion |
|-----|----------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|----|----------------------------------|
| 24. | Communicate with the patient about per-operative complications and the impact on vision/eye and counsel.                                                                                                                   |    | Mini-CEX                         |
| 25. | Evaluate and manage a case for combined surgeries (cataract withglaucoma, keratoplasty, etc)                                                                                                                               | SH | OSCE<br>Case-based<br>discussion |
| 26. | Evaluate and manage a case of cataract for astigmatic correction through appropriate choice of incisions                                                                                                                   | SH | OSCE<br>Case-based<br>discussion |
| 27. | Assist a case of cataract surgery by preparing the cataract set, sterilization of instruments, preparation of OT table and laying of instruments including priming of phacoemulsification unit and managing the parameters |    | DOPSOSCE D                       |
| 28. | Perform basic steps of cataract surgery (e.g., incision, wound closure) in the practice laboratory                                                                                                                         |    | DOPS                             |
| 29. | Administer and document informed consent for cataract surgery                                                                                                                                                              |    | Mini-CEX                         |
| 30. | Perform the aseptic steps, gloving and gowning, preparation and draping, and other preoperative preparation including donning and doffing in bio-hazardous situations)                                                     |    | DOPS<br>Mini-CEX                 |

| 31. | Perform repositioning, removal, or exchange of IOLs                                                                                                                                        | SH | OSCE<br>Case-based<br>discussion |
|-----|--------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|----|----------------------------------|
| 32. | Assist in the teaching and supervision of junior residents                                                                                                                                 | Р  | DOPS                             |
| 33. | Perform tasks as per government and hospital regulations that apply to cataract surgery OT list preparation, OT checklists, case sheet and OT procedure documentation, billing and others. | P  | DOPS **                          |

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#### **Refractive surgeries Competencies**

| SI. | Competency                                                                                                                                                                                                                                                                                             | Level of<br>competencyK-<br>Knows<br>KH- Knows how<br>SH- Shows how<br>Performs |                                      |
|-----|--------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|---------------------------------------------------------------------------------|--------------------------------------|
| 1.  | Elicit detailed and relevant clinical history in a patientposted for corneal refractive surgery                                                                                                                                                                                                        | P                                                                               | Mini-CEX Case-based discussions OSCE |
| 2.  | Perform a detailed and relevant ocular examination and<br>record the findings in a patient posted for<br>cornealrefractive surgery                                                                                                                                                                     |                                                                                 | DOPS                                 |
| 3.  | Counsel a patient posted for corneal refractive surgery<br>including the choice of procedure, alternative options,<br>indications, contraindications, postoperative care, etc.                                                                                                                         |                                                                                 | Mini-CEX                             |
| 4.  | Perform preoperative evaluation, interpret and recordthe<br>results of investigations in a case posted for corneal<br>refractive surgery.                                                                                                                                                              |                                                                                 | DOPSOSCE<br>Case-baseddiscussion     |
| 5.  | Perform preoperative ocular evaluation and interpret the investigations in a case of keratoconus posted for collagen cross linkage/ intracorneal ring segments                                                                                                                                         |                                                                                 | DOPSOSCE<br>Case-baseddiscussion     |
| 6.  | Perform, interpret and record the findings of relevant investigations in a case posted for corneal refractive surgery including corneal topography, AS-OCT, pachymetry, orbscan, keratometry, aberrometry and others                                                                                   |                                                                                 | DOPSOSCE<br>Case-based discussion    |
|     | Perform steps of surgical management of a case posted for refractive surgical techniques, including keratotomy (radial, astigmatic, limbal relaxing incisions), photoablation (photorefractive, phototherapeutic, LASIK), corneal wedge resection, thermokeratoplasty, intracorneal rings, and others. |                                                                                 | OSCE<br>Case-baseddiscussion         |
|     | Perform preoperative assessment and interpret the findings of the investigations in a patient posted forlens-based refractive surgical techniques like phakicintraocular lens (IOL) and clear lens extraction.                                                                                         |                                                                                 | DOPS comaiah umpe                    |
|     | Demonstrate the process of consent and counselling of<br>patients undergoing refractive procedures (corneal<br>and lens-based)                                                                                                                                                                         |                                                                                 | Min-CEX sandaras                     |

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| 10. | Identify, evaluate and manage intraoperative complications in corneal refractive surgery        | SH | OSCE |
|-----|-------------------------------------------------------------------------------------------------|----|------|
| 11. | Identify, evaluate and manage postoperative complications in case of corneal refractive surgery | SH | OSCE |
| 12. | Identify and manage intraoperative complications inlens-<br>based refractive surgery            | SH | OSCE |
| 13. | Identify and manage postoperative complications inlens-<br>based refractive surgery             | SH | OSCE |

# Glaucoma

| SI No | Competencies                                                                                                                                                                                                  | Level of competency<br>KH= Knows HowS=<br>Shows<br>P= Performs | Assessment       |
|-------|---------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|----------------------------------------------------------------|------------------|
| 1     | Describe the anatomy of the anterior chamber, angle and ciliary body.                                                                                                                                         | КН                                                             | SAQ              |
| 2     | Describe the anatomy of the optic nerve head (ONH) and Retinal nerve fiber layer(RNFL).                                                                                                                       | КН                                                             | SAQ              |
| 3     | Describe the mechanism and dynamics of aqueous humour inflow and outflow and factors influencingIOP.                                                                                                          | КН                                                             | SAQ              |
| 4     | Describe the pathogenesis of glaucoma                                                                                                                                                                         | KH                                                             | SAQ              |
| 5     | Describe the apoptotic mechanism of retinalganglion cell death in glaucoma                                                                                                                                    | КН                                                             | SAQ              |
| 6     | Elicit relevant history and identify the clinical<br>signs and symptoms of glaucoma.                                                                                                                          | S                                                              | Mini-CEX<br>OSCE |
| 7     | Perform basic slit lamp bio microscopy for a glaucoma patient                                                                                                                                                 | Р                                                              | OSCE<br>Mini-CEX |
| 8     | Describe tonometry, types, principles, devices available, their strengths & limitations and clinical applications.                                                                                            | КН                                                             | Mini-CEXOSCE     |
| 8     | Perform basic tonometry (Goldman Application tonometer, NCT, Ton<br>open, Perkin's, Schiotz, RBT) and recognize thepitfalls and artefacts<br>of testing. Know the disinfection and calibration of tonometers. | P                                                              | Mini-CEXOSCE     |
| 10    | Describe the diurnal fluctuation of IOP and Ocular Perfusion Pressure and their application in approachto glaucoma herapy.                                                                                    | KH *                                                           | SAQ              |
| 11    | Describe the principles and techniques of gonioscopy, indications, different gonioscopes available.                                                                                                           | 500054 \$ 500000                                               | SAQ              |
|       | Describe the gonioscopic features of normal angle, POAG,PACG,<br>Congenital glaucoma, Secondary glaucomas and other ocular pathologies.                                                                       |                                                                | SAQ              |

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| 13 | Perform gonioscopy, identify normal angle structures anddescribe the gonioscopic features of POAG, PACG, Congenital glaucoma, Secondary glaucomas and other ocular pathologies.      | Р    | Mini-CEXOSCE    |
|----|--------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|------|-----------------|
| 14 | Perform a stereoscopic examination of the ONH and RNFLand describe the appearance of normal optic nerve head.                                                                        | P    | Mini-CEXOSCE    |
| 15 | Describe and document the findings of glaucomatous opticnerve and differentiate it fromnon-glaucomatous optic neuropathies.                                                          | KH/S | SAQ<br>Mini-CEX |
| 16 | Describe the fundamental principles of staticand kineticperimetry                                                                                                                    | КН   | SAQ             |
| 17 | Choose the appropriate testing strategy of Static perimetry based on the stage of glaucoma. Counsel apatient for static perimetry and perform static perimetry in glaucoma patients. | Р    | OSCE            |
| 18 | Describe the most common types of visual fielddefects inglaucoma                                                                                                                     | KH   | SAQ             |
| 19 | Interpret visual field results for Goldmann kineticperimetryand Humphrey or Octopus standard automated perimetry.                                                                    | Р    | OSCEDOPS        |
| 20 | Demonstrate a knowledge of newer and advanced static perimetry techniques.                                                                                                           | KH/S | SAQ             |
| 21 | Describe the effects of corneal biomechanics on IOP                                                                                                                                  | KH   | SAQ             |
| 22 | Perform corneal pachymetry and apply the findings of CCTto IOP interpretation.                                                                                                       | Р    | OSCE            |
| 23 | Describe the epidemiology and genetics of congenital glaucoma, infantile and developmental glaucomas, POAG and PACG,                                                                 | КН   | SAQ             |
| 24 | Describe the pathogenesis, features, evaluation, treatment and referral of congenital anddevelopmental glaucoma.                                                                     | КН   | Essay/SAQCase   |
| 25 | Describe the pathogenesis, risk factors, natural course, types, features, prognosis and management of POAG.                                                                          | KH.  | Essay/SAQCase   |

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| 26 | Describe the risk factors, pathogenesis, classification, features<br>and management of PACG                                                                                                                                                                                                                                                  | KH          | Essay/SAQCase |
|----|----------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|-------------|---------------|
| 27 | Describe the pathogenesis, features, evaluation and management of Secondary glaucomas (e.g., angle recession, inflammatory, steroid-induced pigmentary, pseudoexfoliative, neovascular, postoperative, malignant, lens induced glaucomas; plateau iris; glaucomatocyclitic crisis; iridocorneal endothelial syndromes; aqueous misdirection) | fкн<br>,    | Essay/SAQCase |
| 28 | Describe the slit lamp findings of Secondary glaucomas(e.g., angle recession inflammatory, steroid-induced, pigmentary, pseudoexfoliative, neovascular, postoperative malignant, lens induced glaucomas; plateau iris; glaucomatocyclitic crisis; iridocorneal endothelial syndromes; aqueous misdirection)                                  |             | DOPSOSCE      |
| 29 | Describe the results of landmark clinical trials in glaucoma(OHTS,CNTGS,CIGTS,GLT,AGIS,EGPS, EMGT, NTGS,TVT) and apply their conclusions to routineclinical practice.                                                                                                                                                                        | кн          | SAQ           |
| 30 | Describe basic principles and tools to analyze the ONH andRNFL such as OCT, HRT and GDX.                                                                                                                                                                                                                                                     | кн          | SAQ           |
| 31 | Interpret OCT, HRT and GDX scans                                                                                                                                                                                                                                                                                                             | P           | OSCE          |
| 32 | Describe the tools and techniques of anterior segment imaging such as anterior segment OCT and UBM                                                                                                                                                                                                                                           | KH          | SAQ           |
| 33 | Describe the concept of target IOP and its application in glaucoma management                                                                                                                                                                                                                                                                | KH/S        | SAQ<br>Case   |
| 34 | Describe the various drugs available for medical managementof glaucoma-<br>mechanism of action, indications, contraindications, dosage, schedule,<br>adverse effects, fixeddrug combinations                                                                                                                                                 | КН          | SAQ           |
| 5  | Describe the principles of medical management of glaucoma                                                                                                                                                                                                                                                                                    | ЖН          | SAQ           |
| 6  | Describe the drawbacks of medical management of glaucoma, compliance and adherence to therapy                                                                                                                                                                                                                                                | * KHIPPlied | SAQ           |

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| 37 | Outline the newer drugs used in glaucoma management and<br>neuroprotection                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                     | KH   | SAQ                              |
|----|--------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|------|----------------------------------|
| 38 | The state of the s | кн   | SAQ                              |
| 39 | Select appropriate drugs and be able to customize or modifymedical treatment for open angle, secondary, and angle-closure glaucomas                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                            |      | Case                             |
| 40 | Describe the principles, indications, techniques(laser used,wavelength, energy,spot size, duration, number of shots)of commonly used laser procedures in glaucoma ( Laser peripheral iridotomy, laser trabeculoplasty, iridoplasty, suture lysis, cyclophotocoagulation)                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                       | 2    | SAQ                              |
| 41 | Perform laser peripheral iridotomy for angle closure glaucoma                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                  | P    | DOPS                             |
| 42 | Perform argon and selective laser trabeculoplasty for open-<br>angle glaucoma                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                  | Р    | DOPS                             |
| 43 | Describe the indications, techniques, complications of surgical therapies of glaucoma including trabeculectomy ( with and without antimetabolites), combined cataract surgery and trabeculectomy, surgical peripheral iridectomy, glaucoma drainage devices, cyclodestructive procedures.                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                      |      | SAQ                              |
| 44 | Describe use of antimetabolites and antiangiogenic agents<br>and potential complications from their use                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                        | кн   | SAQ                              |
| 45 | Recognize glaucoma surgical complications, their etiologies,<br>and options for treatment                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                      | S/KH | SAQ OSCE                         |
| 46 | Assist with trabeculectomy and glaucoma drainage device<br>surgery                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                             |      | DOPS                             |
| 47 | Perform routine trabeculectomy (with/withoutantimetabolites)                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                   |      | DOPS                             |
| 48 | Describe new nonpenetrating glaucoma surgery techniques:principles, techniques, advantages, limitations, and complications                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                     | кн   | SAQ                              |
| 49 | Describe new microsurgical devices (eg, EX-PRESS, iStent,gold shunt,<br>Trabectome) used in glaucoma surgery                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                   | КН   | SAQ                              |
| 50 | Test for leaking filtering bleb using the Seidel method Recognize ocular emergencies of acute angle closure, and blebitis/endophthalmitis Perform paracentesis to lower acute IOP.                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                             |      | Mini-CEXOSCE<br>Case<br>Mini-CEX |
| 51 | Perform cyclophotocoagulation and cyclocryotherapy for advanced glaucoma                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                       | DOPS | Mint-CEXOSCE                     |
| 52 | Perform postoperative procedures to facilitate the success offiltering blebs (bleb massage, laser suture lysis, releasable suture, antimetabolites)                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                            |      | Mini-CEXOSCE                     |
| 53 | Recognize and treat the postoperative complications offiltering surgery                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                        | КН/Р | Mini-CEXOSCE                     |

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| 54 | Identify, evaluate and treat surgically if necessary a postoperative shallow anterior chamber.             | P/S  |              |
|----|------------------------------------------------------------------------------------------------------------|------|--------------|
| 55 | Identify ocular hypo tony and describe the causes, clinicalfeatures and treatment.                         | S/KH | Mini-CEXOSCE |
| 56 | Describe the principles involved in determining glaucomaprogression both clinically and parametrically     | КН   |              |
| 57 | Describe the steps in evaluating primary open-angle glaucoma, angle-closure glaucoma and glaucoma suspects | КН   | Mini-CEXOSCE |
| 58 | Describe the role of intraocular pressure (IOP) in thedevelopment and progression of glaucoma              | KH   |              |
| 59 | Describe the risk factors other than IOP for primary open-angle glaucoma.                                  | кн   | Mini-CEXOSCE |
| 50 | Describe the subtypes of angle-closure glaucoma (eg,                                                       | КН   | Mini-CEXOSCE |
| 51 | Perform cyclophotocoagulation and cyclocryotherapy for advanced glaucoma                                   | DOPS | Mini-CEXOSCE |

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### Neuro-Ophthalmology Competencies

| SI No | FROM CONTROL                                                                                                                                                                                                                                                                                                                                       | Level of competecy<br>KH-KnowsHow<br>S- Shows<br>P- Performs | Assessment              |
|-------|----------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|--------------------------------------------------------------|-------------------------|
| 1     | Elicit a detailed and focused history in a patient presenting with<br>neuroophthalmic symptoms including loss of vision, transient<br>blurring of vision, unexplained loss of vision, diplopia, ptosis,<br>proptosis or enophthalmos, ansicoria, facial weakness, facial<br>spasm, oribital pain, headache and nystagmus                           |                                                              | Mini-CEXOSCE            |
| 2     | Perform a detailed and relevant examination in a patient with<br>suspected neuroopthalmic disorder including BCVA, color vision,<br>confrontation field of vision, contrast sensitivity, photo stress test,<br>pupillary evaluation, fundoscopy, assess extraocular motility to<br>detect and differentiate incomitant squint from comitant squint | 3.0                                                          | Mini-CEXOSCE            |
| 3     | Perform and interpret a detailed neurological examination including Higher mental function, cranial nerves, motor and sensory systems and cerebellar and vestibular function.                                                                                                                                                                      |                                                              | Mini-CEXOSCE            |
| 4     | Perform and interpret Ice test and Tensilon test when indicated                                                                                                                                                                                                                                                                                    | P                                                            | DOPS                    |
| 5     | Select and perform appropriate investigations including automated perimetry to detect neurological visual field loss, B- scan ultrasonography to evaluate retinochoroidal complex, optic disc and retrobulbar optic nerve, Optical coherence tomography to evaluate retina and optic disc in a patient with suspected neuroophthalmic disease      |                                                              | Mini-CEXOSCE            |
| 6     | Appropriately select and obtain visual evoked potential (VEP), electro-oculogram (EOG), electro-retinogram (ERG) and electro-myogram (EMG)and interpret the results                                                                                                                                                                                |                                                              | OSCE                    |
| 7     | Obtain appropriate blood tests including haematology, biochemical, microbiology and Immunology and interpret the results                                                                                                                                                                                                                           |                                                              | OSCE                    |
| 8     | Obtain appropriate orbital and neurological imaging including computed tomography, CT angiography, MRI, MRA, MRV and Carotid doppler and interpret the findings                                                                                                                                                                                    |                                                              | OSCE/<br>Spotters       |
| 9     | Identify the indications for and interpretation of results from a<br>lumbar puncture                                                                                                                                                                                                                                                               | P                                                            | DOPS                    |
| 10    | Develop an understanding of the anatomy of the visual pathway, pupillary pathway, supranuclear gaze pathway, ocular motor nerves and their applied aspects in the various disorders that affect them.                                                                                                                                              |                                                              | SAQ ALIVERSIAN OF ALIVE |
| 11    | Develop an understanding of the physiology, pathology and microbiological aspects of neuroophthalmology                                                                                                                                                                                                                                            | 1815                                                         | 3101353                 |

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| 12 | Develop and demonstrate a clinical approach to and generate differential diagnosis of common neuro-ophthalmologic complaints, including decrease in visual acuity (painful/painless), diplopia, dysconjugate gaze, pupillary abnormalities, visual field defects, proptosis, papilledema, nystagmus, retinal pigmentary changes, coloboma, cherry red spot, retinopathy, and retinal hemorrhage. | S                   | Mini-CEXOSCE                   |
|----|--------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|---------------------|--------------------------------|
| 13 | Demonstrate an understanding of pathophysiology, diagnostic approach, management and complications of optic nerve disorders including optic neuritis, papilledema, optic atrophy, anterior ischemic optic neuropathy, traumatic optic neuropathy and hereditary optic nerve disorders.                                                                                                           | S                   | Mini-CEXOSCE                   |
| 14 | Demonstrate an understanding of pathophysiology, diagnostic approach, management and complications of Idiopathic intracranial hypertension, optic chiasmal lesions including pituitary gland tumors, intracranial vascular and neoplastic lesions involving the visual pathway                                                                                                                   | S                   | Case Viva EssayS               |
| 15 | Demonstrate an understanding of pathophysiology, diagnostic approach, management and complications of disorders ocular motor nerves (3 <sup>rd</sup> , 4 <sup>th</sup> and 6 <sup>th</sup> nerves) and other cranial nerves related to the eyes (5 <sup>th</sup> and 7 <sup>th</sup> nerves).                                                                                                    | КН                  | Mini-CEXOSCE<br>Essay Longcase |
| 16 | Demonstrate an understanding of pathophysiology, diagnostic approach and management of nystagmus.                                                                                                                                                                                                                                                                                                | КН                  | Essay                          |
| 17 | Understand the indications, complications of and appropriately initiate systemic steroids to treat neuro-ophthalmic disorders. Initiate appropriate measures to prevent complications of steroid therapy.                                                                                                                                                                                        | S                   | Minî-CEX                       |
| 18 | Understand the indications and appropriately initiate othermedical treatment options to treat neuro-ophthalmic disorders.                                                                                                                                                                                                                                                                        | S                   | Mini-CEX                       |
| 19 | Knowledge of Neurological disorders with neuro-ophthalmic manifestations including multiple sclerosis, neuromyelitis optic, cerebrovascular disease with involvement of visual pathway, CNS tumors, infections and autoimmune diseases. Manage such patientswho present primarily with ophthalmic manifestations by obtaining appropriate referral /consultation and order investigations        | KH In University of | EssaySAQ                       |
| 20 | Understand the indications, surgical steps and appropriately counsel the patients for surgical interventions for neuro-ophthalmic disorders including optic nerve sheath fenestration, temporal artery biopsy, CSF shunting procedures and strabismus surgeries.                                                                                                                                 | alore + 560054 *    | EssaySAQ                       |
| 21 | Provide follow-up care to patients who have received medical and surgical treatment for neuro-ophthalmic disorders, including monitoring of efficacy of treatment, deteriorations and complications of treatment                                                                                                                                                                                 | **                  | Mini-CEX                       |

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# **Orbit and Oculoplasty**

| Si No. | COMPETENCY                                                                                                                                                                                                                                                                                                                                          | DOMAIN<br>K – KNOWSHOW<br>S- SHOWS<br>P- PERFORMS | ASSESSMENT                                                 |  |  |
|--------|-----------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|---------------------------------------------------|------------------------------------------------------------|--|--|
|        | Eyelid                                                                                                                                                                                                                                                                                                                                              |                                                   |                                                            |  |  |
| 1      | Describe basic anatomy and physiology (eg, orbicularis, meibomian glands, Zeis glands, orbital septum, levator muscle, Müller muscle, Whitnall ligament, Lockwood ligament, preaponeurotic fat, scalp, face)                                                                                                                                        |                                                   | Theory/writte<br>nassessment<br>MCQ<br>Seminar             |  |  |
| 2      | Describe basic mechanisms and indications for treatment of<br>eyelid trauma (lid margin sparing, lid margin involving,<br>canaliculus involving)                                                                                                                                                                                                    |                                                   |                                                            |  |  |
| 3      | Describe mechanisms and indications for treatment of ptosis, perform the basic office examination techniques for the most common eyelid abnormalities (eg, margin reflex distance, palpebral fissure height, levator function, lagophthalmos, lid crease, lid laxity assessment, brow height, dermatochalasis, eversion, double eversion).          |                                                   |                                                            |  |  |
| 4      | Describe mechanisms and indications for treatment ofupper<br>and lower eyelid retraction                                                                                                                                                                                                                                                            | К                                                 |                                                            |  |  |
| 5      | Describe mechanisms and indications for treatment of entropion                                                                                                                                                                                                                                                                                      | К                                                 |                                                            |  |  |
| 6      | Describe mechanisms and indications for treatment of ectropion                                                                                                                                                                                                                                                                                      | К                                                 |                                                            |  |  |
|        | Identify floppy eyelid syndrome and its systemicassociations                                                                                                                                                                                                                                                                                        | K                                                 |                                                            |  |  |
| 7      | Identify blepharospasm and hemifacial spasm anddescribe<br>the treatment                                                                                                                                                                                                                                                                            | K                                                 | -100 to 200                                                |  |  |
| 8      | Perform minor lid and conjunctival procedures (eg, repairof<br>small eyelid laceration including marginal, removal ofbenign<br>eyelid lesions, chalazion curettage or excision, conjunctival<br>biopsy), Identify and treat trichiasis (eg, epilation,<br>cryotherapy, surgical therapy)                                                            | K,S,P                                             | Theory/writte<br>nassessment<br>MCQ<br>Seminar<br>Clinical |  |  |
| 9      | Describe indications for and perform a temporary<br>tarsorrhaphy                                                                                                                                                                                                                                                                                    | K,S,P                                             | testing by<br>supervision                                  |  |  |
| 10     | Describe indications for and perform everting sutures (Quickert sutures)                                                                                                                                                                                                                                                                            | K,S,P                                             | With logbook<br>Demonstratio                               |  |  |
| 11     | Describe indications for and perform a lateral<br>canthotomy/cantholysis                                                                                                                                                                                                                                                                            | K,S,P                                             | Rumaiah C                                                  |  |  |
| 12     | Describe the mechanisms of and indications for eyelid reconstruction  Described the genetics (where known), clinical features, evaluation, and treatment of congenital eyelid deformities(eg, coloboma, distichiasis, epicanthus, telecanthus, blepharophimosis, ankyloblepharon, epiblepharon, euryblepharon, cryptophthalmia, Goldenhar syndrome, |                                                   | \$ 59.7420                                                 |  |  |

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| 13 | Describe clinical features, evaluation, syndromic association and management of congenital ptosis (eg, simple, blepharophimosis-ptosis-epicanthus inversus syndrome [BPES], jaw wink, congenital fibrosis) |          | Theory/written<br>assessment MCQ<br>Seminar                                                                        |
|----|------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|----------|--------------------------------------------------------------------------------------------------------------------|
| 14 | Describe the genetics (when applicable), clinical features, evaluation, and treatment of acquired myogenic ptosis (eg, oculopharyngeal muscular dystrophy, mitochondrial                                   |          | Theory/written<br>assessment<br>MCQ                                                                                |
| 15 | myopathies, myotonic dystrophy, myasthenia gravis).                                                                                                                                                        |          | Seminar                                                                                                            |
| 16 | Describe the mechanisms and indications for treatment<br>of more advanced eyelid trauma (eg, chemical burns,<br>thermalburns, canthal avulsions, eyelid avulsions)                                         |          | Theory/written<br>assessment MCQ<br>Seminar                                                                        |
| 17 | Describe indications for and complications of, and perform more complicated eyelid surgery (eg, upper blepharoplasty, lower lid tightening)                                                                | N-100 40 | Theory/written<br>assessment MCQ<br>Seminar<br>Clinical testing by<br>supervision<br>With logbook<br>Demonstration |
|    | Identify histopathological features of common eyelid conditions                                                                                                                                            | K,S,P    | Theory/written<br>assessment MCQ<br>Seminar                                                                        |

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| 18 | Describe the etiology, evaluation, and medical and surgical treatment of Benign, pre-malignant, or malignanteyelid tumors (eg, papilloma, seborrheic keratosis, epidermal inclusion cyst, molluscumcontagiosum, verrucavulgaris, keratoacanthoma, actinic keratosis, basal cell carcinoma, squamous cell carcinoma, sebaceous cell carcinoma, melanoma)                                                                                                                                                                      | К     | Theory/writtenassessment<br>MCQ<br>Seminar                                                                        |
|----|------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|-------|-------------------------------------------------------------------------------------------------------------------|
|    | Lacrimal                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                     |       |                                                                                                                   |
| 19 | Describe basic anatomy and physiology (eg, puncta, canaliculi, lacrimal sac, nasolacrimal duct, endonasal                                                                                                                                                                                                                                                                                                                                                                                                                    | К     | Theory/writtenassessment                                                                                          |
| 20 | Anatomy, lacrimal glands)lacrimal pump theories                                                                                                                                                                                                                                                                                                                                                                                                                                                                              |       | MCQ<br>Seminar                                                                                                    |
| 21 | Describe mechanisms and indications for treatment of congenital and acquired nasolacrimal duct obstruction, complicated cases of nasolacrimal duct obstruction, canaliculitis, dacryocystitis, and acute and chronic dacryoadenitis                                                                                                                                                                                                                                                                                          | К     | Theory/writtenassessment<br>MCQ<br>Seminar                                                                        |
| 22 | Recite the differential diagnosis of lacrimal gland mass (eg, inflammatory, neoplastic, congenital, infectious)                                                                                                                                                                                                                                                                                                                                                                                                              | К     | Theory/writtenassessment<br>MCQ<br>Seminar                                                                        |
| 23 | Describe indications for and perform the basic office examination techniques for the most common lacrimal abnormalities (eg, Schirmer test, dye disappearance test, punctal position, punctal dilation, canalicular probing, lacrimal probing and irrigation)more advanced lacrimal assessment (eg, interpretation of dye testing, canalicular probing in trauma).(eg, lacrimal drainage testing [irrigation, Jones Dye Tests 1 and 2], lacrimal probing, lacrimal intubation, incision and drainage of lacrimal sacabscess) | K     | Theory/writtenassessment<br>MCQ<br>Seminar<br>Clinical testing by<br>supervision<br>With logbook<br>Demonstration |
| 24 | Describe indications for and perform an incision and drainage of the lacrimal sac, management of and treat lacrimal system abnormalities, including surgeries (eg, lacrimal probing, dacryocystectomy, dacryocystorhinostomy).                                                                                                                                                                                                                                                                                               | K,S,P | Theory/writtenassessment<br>MCQ<br>Seminar<br>Clinical testing by<br>supervision<br>With logbook<br>Demonstration |
| 25 | Identify indications for and interpret lacrimal imaging (eg,scintigraphy, cystography)                                                                                                                                                                                                                                                                                                                                                                                                                                       | K,S,P | Theory/writtenassessment<br>MCQ<br>Seminar                                                                        |
| 26 | Describe the etiology, evaluation, and medical and surgical treatment of the following lacrimal diseases:  a. Punctal stenosis b. Canalicular stenosis c. Common canalicular stenosis                                                                                                                                                                                                                                                                                                                                        | К     | Theory/writtenassessmen MCQ Seminar Clinical testing by supervision With logbook Demonstration                    |

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|    | Orbital                                                                                                                                                                                                                                                                                                            |   |                                            |
|----|--------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|---|--------------------------------------------|
| 27 | Describe basic anatomy (eg, orbital bones, orbital foramina, paranasal sinuses, annulus of Zinn, arterial and venous vascular supply, nerves, extraocular muscles)                                                                                                                                                 | К | Theory/writtenassessment<br>MCQ<br>Seminar |
| 28 | Identify normal orbital and relevant nasal and paranasal sinus anatomy on imaging studies (eg, computed tomography, magnetic resonance imaging) and Identify common orbital pathology (eg, orbital fractures, orbital tumors) on imaging studies (eg, magnetic resonance imaging, computed tomography, ultrasound) | K | Theory/writtenassessment<br>MCQ<br>Seminar |
| 29 | Describe basic mechanisms and indications for treatment of common orbital trauma (eg, medial wall and floor fractures, retrobulbarhemorrhage) advanced orbital trauma (eg, zygomaticomaxillary complex fractures, naso-orbitalethmoid fractures, Le Fort fractures).                                               | К | Theory/writtenassessment<br>MCQ<br>Seminar |
| 30 | Recite the differential diagnosis of common orbital tumors in children and adults                                                                                                                                                                                                                                  | K | Theory/writtenassessment<br>MCQ seminar    |

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| 31 | Describe indications for and perform the basic office examination techniques for the most common orbital abnormalities (eg, Hertel measurement, inspection, palpation, auscultation)                                                        | К     | Theory/written assessment MCQ Seminar Clinical testing by supervision With logbook Demonstration      |
|----|---------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|-------|-------------------------------------------------------------------------------------------------------|
| 32 | Identify indications for and perform the basic anophthalmic socket assessment (eg, types of implants, implant movement, socket health, socket surface, socketvolume, fornices, prosthesis type and fit).                                    | K,S,P | Theory/written assessment MCQ Seminar Clinical testing by supervision With logbook Demonstration      |
| 33 | Describe the clinical features, evaluation, and management of congenital orbital deformities (eg, anophthalmia, microphthalmia, hypotelorism, hypertelorism versus telecanthus)                                                             | К     | Theory/written<br>assessment MCQ<br>Seminar                                                           |
| 34 | Describe the genetics, clinical features, evaluation, and<br>management of common craniosynostoses and other<br>congenital malformations (eg, Crouzon syndrome, Apert<br>syndrome)                                                          | К     | Theory/written<br>assessment MCQ<br>Seminar                                                           |
| 35 | Identify, evaluate, and treat thyroid ophthalmopathy (eg, epidemiology, symptoms and signs, associated systemic diseases, orbital imaging, differential diagnosis, surgical, medical, and radiation indications, side effects of treatment) | К     | Theory/written assessment MCQ Seminar Clinical testing by supervision With logbook                    |
| 36 | Identify, evaluate, and treat orbital cellulitis, nonspecific orbital inflammation (eg, symptoms and signs, orbital imaging, differential diagnosis, biopsy indications, choiceof treatments)                                               | K,S,P | Theory/writtenassessr<br>MCQ<br>Seminar<br>Clinical testing bysupe<br>With logbook                    |
| 37 | Describe indications for and complications of, andperform enucleation and evisceration                                                                                                                                                      | K,S,P | Theory/written assessment MCQ Seminar Clinical testing by main supervision With logbook Demonstration |

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| 38 | Describe the etiology, evaluation, and medical andsurgical treatment of the following orbital diseases:  a. Orbital trauma i. All orbital fractures ii. Retrobulbar haemorrhage iii. Orbital foreign bodies  b. Orbital neoplasms i. All benign ii. All malignant c. Orbital inflammation i. Infectious 1. Bacterial 2. Fungal 3. Mycoplasma ii. Noninfectious 1. Thyroid eye disease 2. Sarcoidosis | K     | Theory/written<br>assessment MCQ<br>Seminar<br>Clinical testing by<br>supervision<br>With logbook |
|----|------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|-------|---------------------------------------------------------------------------------------------------|
| 39 | Wegener granulomatosis     Nonspecific orbital inflammation  Describe indications for and complications of basicorbita skills and procedures, including:     a. Anterior orbitotomy for tumor biopsy/excision                                                                                                                                                                                        | K,S,P | Theory/written<br>assessment MCQ                                                                  |
|    | d. Anterior orbitotomy for tumor biopsy/excision ,different orbital approaches and incisions b. Orbital floor fracture repair                                                                                                                                                                                                                                                                        |       | Seminar<br>Clinical testing by<br>supervision<br>With logbook<br>Demonstration                    |

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#### Paediatric Ophthalmology and Strabismus

| SI.N | Competency                                                                                                                                                                                                                                                                                                                | Level of competency<br>knows how<br>P- performs<br>S-shows | Assessment       |
|------|---------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|------------------------------------------------------------|------------------|
| 1.   | Describe basic examination techniques for<br>strabismus (eg, ductions and versions, cover and<br>uncover testing, alternate cover testing, prism<br>cover testing).                                                                                                                                                       | Р                                                          | Mini-CEXOSCE     |
| 2    | Describe basic visual development and visual assessment of the child (eg, central, steady, maintained fixation), including any one matching card, resolution and recognition acuity, and crowding using standard vision testing (eg:tumbling E eye chart, Allen cards, Landolt"C" Broken Ring vision chart).              |                                                            | Mini-CEX<br>OSCE |
| 3.   | Describe the basic anatomy and physiology of strabismus:  a. Innervation of extraocular muscles b. Primary, secondary, and tertiary actions c. Laws governing the muscle actions d. Comitant and incomitant deviations e. Overaction and underaction f. Restrictive and paretic saccades g. Vergence h. Pursuit movements | КН                                                         | Essay/SAQ        |
| 4.   | Describe basic sensory adaptations for binocular vision, including:  Normal and anomalous retinal correspondence, Suppression, Horopter, Panum area, Fusion, Stereopsis.  Describe basics of binocular sensory testing (eg, Titmus stereo testing, Randot stereo testing, Worth 4-dot test, Bagolini lenses).             |                                                            | Essay/SAQ        |
| 5.   | Describe and recognize pseudostrabismus.                                                                                                                                                                                                                                                                                  | КН                                                         | Mini-CEX S Rai   |
| 6.   | Describe the different causes of amblyopia including: Deprivation, Ametropic, Strabismic, Anisometropic, Organic.                                                                                                                                                                                                         | , кн                                                       | Mini-CEX S.Ra/   |

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| 7.  | Describe various forms of esotropia, such as: Congenital, Comitant and incomitant, Accommodative and nonaccommodative, Decompensated, Sensory, Neurogenic, Myogenic, Restrictive, Nystagmus and esotropia, Accomodative spasm, Microtropia, Consecutive                                                                             | КН    | Essay/SAQ |
|-----|-------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|-------|-----------|
| 8.  | Describe various forms of exotropia, such as:<br>Congenital, Comitant and incomitant,<br>Decompensated, Sensory, Neurogenic, Myogen<br>ic, Restrictive, Basic divergence<br>excess, Exophoria, Convergence insufficiency                                                                                                            | КН    | Essay/SAQ |
| 9.  | Describe the nonsurgical treatment of strabismus and amblyopia, such as:  a. Patching b. Atropine penalization c. Fresnel and grind-in prism therapy d. Convergence exercises                                                                                                                                                       | S     | DOPS      |
| 10. | Describe different forms of childhood nystagmus.<br>Describe and recognize the different forms of<br>childhood nystagmus (eg, infantile nystagmus<br>syndrome [INS], fixation maldevelopment<br>nystagmus syndrome [FMNS], spasmus nutans<br>syndrome [SNS]), and appropriate work up for<br>different time ofonset and age groups. | P     | Mini-CEX  |
| 11. | Describe features, classification, and treatment indications for retinopathy of prematurity.  Describe and recognize ROP (eg, stages, treatment indications).                                                                                                                                                                       | КН    | Mini-CEX  |
| 12. | Describe etiologies and types of paediatriccataract with consideration of:  a. Age of onset  b. When do you treat and types of treatment c. Postoperative rehabilitation                                                                                                                                                            | КН    | Essay/SAQ |
| 13. | Describe and recognize ocular findings in child abuse (eg, retinal hemorrhages) and appropriately refer to authorities.                                                                                                                                                                                                             | КН    | MINI CEX  |
| 14. | Describe basic evaluation of decreased vision in infants and children, such as: Delayed maturation of vision/cerebral visual impairment, Leber congenital amaurosis, Other hereditary retinal disorders, Congenital glaucoma, Congenital rubella syndrome, Retinopathy of prematurity (ROP), Various ocular anomalies               | KH ** | Essay/SAQ |

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| 15. | Describe the symptoms, associations, findings, and treatment of childhood glaucoma.                                                                                                                                                                                                                                                                                                                                                      | КН | Essay/SAQ |
|-----|------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|----|-----------|
| 16. | Summarize ocular embryology development(ie, lens development, fetal vasculature, anterior segment development, closure of embryonic fissure).                                                                                                                                                                                                                                                                                            | кн | Essay/SAQ |
| 17. | Describe common causes of conjunctivitis ininfants<br>and children in terms of symptoms, diagnosis, and<br>treatment.                                                                                                                                                                                                                                                                                                                    | Р  | DOPS      |
| 18. | Assess subluxated and dislocated lenses and know the systemic associations (eg, Marfan syndrome, homocystinuria, Weill-Marchesanisyndrome).                                                                                                                                                                                                                                                                                              | КН | MINI CEX  |
| 19. | Describe management of epiphora in children, including congenital nasolacrimal duct obstruction.                                                                                                                                                                                                                                                                                                                                         | КН | Mini-CEX  |
| 20. | Describe refractive errors and spectacle correction in childhood (recognizing that it isarguably the most common cause of preventable visual impairment in children worldwide), Describe accommodation and dosage and use of mydriatics in children, Describe indications and uses of contact lenses in childhood.                                                                                                                       | Р  | DOPS      |
| 21. | Describe normal visual development milestones. Describe basic and more advanced visual development and visual assessment of the pediatric ophthalmology patient (eg, blink to light or threat, measures of fixation and following behavior, objective measures of visual acuity) using the optokinetic nystagmus (OKN) drum to assessfixation and electrophysiological techniques such as sweep visual evoked potential (VEP)evaluation. | Р  | DOPS      |
| 22. | Describe the basic principles of genetics. Evaluate a child with congenital blindness, including VEP and interpretation of an electroretinogram (ERG).                                                                                                                                                                                                                                                                                   | КН | Essay/SAQ |
| 23. | Describe basic and more advanced strabismus<br>examination techniques (eg, combined verticaland<br>horizontal prism cover testing, double Maddox rod<br>testing                                                                                                                                                                                                                                                                          | КН | Mini-CEX  |
| 24. | Describe common hereditary or congenital ocular motility or lid syndromes (eg, Duane syndrome, Marcus Gunn jaw-winking syndrome, Brown syndrome).                                                                                                                                                                                                                                                                                        | S  | DOPS      |
| 25. | Describe and recognize typical features of retinoblastoma (eg, differential diagnosis, evaluation, treatment indications, and types).                                                                                                                                                                                                                                                                                                    | кн | Essay/SAQ |
| 26. | Describe cortical visual impairment and<br>periventricular leukomalacia                                                                                                                                                                                                                                                                                                                                                                  | KH | Essay/SAQ |

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| 27. | Describe more advanced anatomy (including pulleys) and physiology of strabismus (eg, torsion, tertiary actions, consecutive deviations). Interpret diplopia charts (eg, Hesscharts, Lees chart, Harms screen)                                                                                                                                                                                                                                                                                                 | КН                                                  | Essay/SAQ |
|-----|---------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|-----------------------------------------------------|-----------|
| 28. | List treatment options and indications of low birth weight children ,and describe long term ocular and systemic problems.  Describe etiology, evaluation, and management of congenital infections (eg, TORCHES sequence: TOxoplasmosis, Rubella, Cytomegalovirus, HErpes simplex, Syphilis)                                                                                                                                                                                                                   | КН                                                  | Essay/SAQ |
| 29. | Describe and recognize the common causes of<br>pediatric uveitis with natural history, indicated<br>work up, and treatment.                                                                                                                                                                                                                                                                                                                                                                                   | КН                                                  | Essay/SAQ |
| 30. | Describe identifiable congenital ocular anomalies (eg, microphthalmia, persistent fetalvasculature), and describe appropriate work up for etiology, criteria for intervention, and genetic counseling for parents.                                                                                                                                                                                                                                                                                            | P                                                   | Mini-CEX  |
| 31. | Describe indications for botulinum toxin use in strabismus.                                                                                                                                                                                                                                                                                                                                                                                                                                                   | Written<br>examinations,<br>seminar<br>presentation | Cognitive |
| 32. | Diagnose phoria/tropia, perform cover tests. Assess ocular motility using duction and version testing. Apply Herings law and Sherrington law, and apply the most advanced knowledge of strabismus anatomy and physiology (eg, spiral of Tillaux, secondary and tertiary actions, spread of comitance) in evaluation ofpatients. Perform basic measurement of strabismus (eg, Hirschberg test, Krimsky method, cover testing, prism cover testing, simultaneous prism cover testing, alternate cover testing). | P                                                   | DOPS      |
| 33. | Perform assessment of vision in the neonate, infant, and child, including:  . Dazzle/menace reflex, preferential fixationtests b. Standard subjective visual acuity tests. c. Induced tropia test. Perform assessment of vision in more difficult strabismus patients (eg, uncooperative child, mentally impaired, nonverbal, or preverbal).                                                                                                                                                                  | P Striver Sity of Apple                             | DOPS      |
| 34. | Perform cycloplegic retinoscopy in children using loose lenses, lens stick, or phoropter, depending on the age of the child and availability of the devices in the clinic.  Measure the refractive condition of a patient"seyes using a retinoscope.                                                                                                                                                                                                                                                          | P Bangalare 99                                      | DOPS      |

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| 35. | Recognize and apply in a clinical setting thefollowing skills in the ocular motility examination:  a. Stereoacuity testing  . Accommodative convergence/accommodation ratio (eg,heterophoria method, gradient method)  . Tests of binocularity and retinalcorrespondence  . Anterior and posterior segmentexamination  e.Basic and advanced measurement ofstrabismus f.Perfom measurement of vision using Telleracuity cards | P | DOPS     |
|-----|------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|---|----------|
| 36. | Assist a primary surgeon in performing extraocular muscle surgery, including:  a. Recession b. Resection . Muscle weakening (eg, tenotomy) and strengthening (eg, tuck) procedures d. Transposition e. Use of adjustable sutures f. Intraoperative forced duction test (FDT)                                                                                                                                                 | S | MINI CEX |
| 37. | Perform more advanced strabismus testing, such as Parks-Bielschowsky 3-step test, Lancaster red-green test, Maddox rod testing, double Maddox rod testing, andmeasurement of dissociated vertical deviation (DVD).  Perform more advanced measurements of strabismus (eg, use of synoptophore or amblyoscope, when available).  Perform forced duction test (FDT) and force generation test (FGT) in the clinic.             | P | DOPS     |
| 38. | Exercise surgical judgment for the indications and contraindications for strabismus surgery and be able to chalk out a surgical plan.                                                                                                                                                                                                                                                                                        | S | Mini CEX |

#### **Uveitis and Ocular inflammation**

| SI no | Competencies                                                                                                                                                                                                                                                  | Level of<br>competency<br>KH- Knows HowS-<br>Shows<br>P- Performs | Assessment                                                          |
|-------|---------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|-------------------------------------------------------------------|---------------------------------------------------------------------|
|       | Describe and Elicit the basic principles of history taking in patients with uveitis and related diseases in terms of onset, duration, clinical course and correlate the ocular history with possible anatomical diagnosis (eg-floaters with posterior uveitis | 00000                                                             | Written assessments Seminars DOPS Case discussionsOSC Mini- CEXOCEX |

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| 3<br>4<br>5<br>6 | and review the medications being taken by the patient                                                                                                                                                                                                                              |            | DOPS Case discussionsOSCE Mini- CEXOCEX                         |
|------------------|------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|------------|-----------------------------------------------------------------|
| 5<br>6           | Demonstrate correlation between ocular features<br>and systemic disease if any after history taking so<br>as to proceed in the direction of appropriate<br>diagnosis                                                                                                               | S          | Theoretical assessments                                         |
| 7                | Outline the methodology ofexamination of uveitis<br>and related diseases covering allrelated aspects.                                                                                                                                                                              | КН         | Case scenariosMiniCEX<br>OCEX<br>OSCEDOPS                       |
| 7                | List the signs and symptoms of anterior and posterior uveitisin order starting from the commonones to the not so common ones                                                                                                                                                       | КН         | Written tests                                                   |
|                  | Describe the different types of uveitis (acute and chronic/granulomatous and non-granulomatous, anterior, intermediate and posterior), typical features and their differential diagnosis                                                                                           | КН         | Written tests Case<br>presentations Case<br>scenarios           |
| 8                | Describe the typical features and differential diagnosis of anterior uveitis including infectious, inflammatory, neoplastic, post- surgical, posttraumatic and specific entities                                                                                                   | кн         | Written tests                                                   |
|                  | Describe the typical features and differential diagnosis of posterior segment uveitis including toxoplasmosis, sarcoidosis, pars planitis, Vogt Koyanagi Harada disease, post-operative uveitisandvarious endophthalmitis                                                          | КН         | Written tests                                                   |
| 9                | List the less common signs and symptoms of<br>anterior and posterior uveitis                                                                                                                                                                                                       | KH         | Written tests                                                   |
| 10               | List the differentiating signs and differential diagnosis of lesscommon forms of uveitis                                                                                                                                                                                           | КН         | Written tests                                                   |
| 11               | Describe, recognize and evaluate uveitis associated with immunocompromised individuals                                                                                                                                                                                             | КН         | Written tests Case<br>scenarios<br>Case presentations           |
| 12               | Evaluate and treat commoncauses of anterior and posterior uveitis                                                                                                                                                                                                                  | P          | Written tests                                                   |
| 13               | Describe the indications and contraindications of corticosteroid treatment in uveitis including the various routes of administration. The student should also be able todescribe the benefits, risks and appropriate duration of treatment required in differenttypes of uveitidis | KH         | Written tests                                                   |
| 4                | Recognize, evaluate and treat specific etiologies of uveitislike congenital and acquiredsyphilis, CMV retinitis, Multiple sclerosis                                                                                                                                                | P - 500 12 | Written tests  Dean - Academics  Cut resity of Applied Sciences |

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| 15 | Describe indications and contraindications for<br>immunosuppressive therapy in uveitis, use of<br>antimetabolites, cyclosporineand alkylating agents                                                                                                                              | кн       | Written tests                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                  |
|----|-----------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|----------|--------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|
| 16 | Describe the indications, technique, pre requisites<br>and side effects of intravitreal injections if any given<br>in uveitis                                                                                                                                                     | КН       | Written tests Case scenarios                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                   |
| 17 | Perform an examination of anterior segment to detect andevaluate clinical features like pattern of keratic precipitates, iris changes, anterior chambercells and flare.  The student should be able to identify the stage of uveitis, whether acute, chronic or active, quiescent | P        | OSCEO<br>CEX Mini-CEX DOPS                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                     |
| 18 | Perform dilated examination of the posterior segment with slitlamp bio microscopy using contact and non- contact lenses, indirect ophthalmoscopy to evaluate vitreous for flare and cells, retinal and choroidal vasculature and inflammationandoptic disc abnormalities          | P        | DOPS Mini CEX<br>CEX<br>Video assistedassessments<br>OSCE                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                      |
| 19 | Describe the indications for ancillary testing in uveitis and perform the same. (Fluorescein testing, B Scan, OCT where indicated, laboratory testing and radiological testing). The student should also be able to reasonably interpret the results of such testsperformed       | КНР      | DOPS<br>Mini CEX                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                               |
| 20 | Administer steroids for patients with uveitis by various routes including posterior sub tenon"s                                                                                                                                                                                   | Р        | DOPS<br>Video assisted assessments                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                             |
| 21 | Evaluate and treat the complications of uveitis therapy (like cataract and glaucoma)                                                                                                                                                                                              | S        | Case scenariosDOPS                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                             |
| 22 | Refer to concerned specialists for administration<br>of immunosuppressive therapy and tobe able to<br>manage the complications of immunosuppressive<br>therapy                                                                                                                    | S        | Case scenarios DOPS                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                            |
| 23 | Perform an anterior chamber and vitreous tap for diagnostic purposes and administer intravitreal injections, be it anti VEGFs for inflammation or antibiotics for bacterial endophthalmitis                                                                                       | P        | DOPS<br>Video baseddiscussions                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                 |
| 24 | Explain and counsel the patient about the condition and the need to take oral steroids wherever necessary, with anemphasis on the side effects of the medication                                                                                                                  | P        | DOPS<br>OSCE                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                   |
| 25 | Explain in detail about the need for intravitreal injections when necessary with an emphasis on the advantages and side effects of the medication                                                                                                                                 | P        | DOPS TOP TO SO THE PROPERTY OF |
| 26 | Explain in detail about the need for long term follow up and treatment in patients with chronic and recurrent uveitis                                                                                                                                                             | P        | Dean - Academics                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                               |
| 1. | ).                                                                                                                                                                                                                                                                                | M.S. Ram | naigh University of Applied Sciences                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                           |

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## **Vitreoretinal Diseases**

| SI No. | Competency                                                                                                                                                                                                                                                                                                                                                                                                                                               | Level of<br>competency<br>KH-Knows HowS-<br>Shows<br>P- Performs | Assessment |
|--------|----------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|------------------------------------------------------------------|------------|
| 1      | Describe retinal anatomy and physiology.                                                                                                                                                                                                                                                                                                                                                                                                                 | КН                                                               | ESSAY      |
| 2.     | Know the symptoms suggestive of retinal disorders:  a. flashes b. floaters c. abrupt or gradual blurring, distortion and loss of central vision d. abrupt or gradual loss of peripheral vision.                                                                                                                                                                                                                                                          | КН                                                               | ESSAY      |
| 3.     | Perform slit-lamp biomicroscopy with the Hruby, +78-D, +90-D lenses, three-mirror CL,or other CLs.                                                                                                                                                                                                                                                                                                                                                       | P                                                                | MINI CEX   |
| 4.     | To perform Tonometry a. Applanation b. Indentation (Schiotz )                                                                                                                                                                                                                                                                                                                                                                                            | P                                                                | MINI CEX   |
|        | Perform direct ophthalmoscopy:  a. Distant direct  b. Media assessment  c. Use of filters provided  . Examination of normal eye: Red reflex,optic disc, retinal arterioles and venules, retinaandchoroid.  . Recognition of abnormal fundus features of Direct Ophthalmoscopy: loss of normal redreflex, abnormal colors of red reflex, fundus features of important systemic diseases: Diabetes Mellitus, Systemic hypertension, CRVO, BRVO, CRAO, BRAO | P                                                                | MINI CEX   |
| 5.     | Perform indirect ophthalmoscopy along with:  a. Fundus drawing capability  b. Use of filters provided  Perform indirect ophthalmoscopy with scleralindentation.                                                                                                                                                                                                                                                                                          | Р                                                                | MINI CEX   |
| 1      | To perform Gonioscopy:  a. Single mirror gonioscope  b. Gonioprism  c. Grading of the angle  d. Testing for occludability  c. Indentation gonioscopy                                                                                                                                                                                                                                                                                                     | arsity of Assoluted Science                                      | MINI CEX   |
|        | Describe fundamentals and Interpret basic fluorescein angiography and ICG, apply inclinical practice (e.g., diabetic retinopathy, cystoid macular edema, CNVM etc.).                                                                                                                                                                                                                                                                                     | WB - 50 KH, S                                                    | ESSAYOSCE  |

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| 9.  | Describe the indications for and interpret retinal imaging technology (e.g., ocular coherence tomography, retinal thicknessanalysis) Interpret basic ocular imaging techniques(e.g., B-scan echography, nerve fiber layer analysis)                                                                                                                                      | кн, ѕ                             | ESSAYOSCE                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                      |
|-----|--------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|-----------------------------------|--------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|
| 10. | Describe the indications for and interpret basic electrophysiological tests (e.g., electroretinogram [ERG], electrooculogram [EOG], visual-evoked potential [VEP], dark adaptation)                                                                                                                                                                                      | KH, S                             | ESSAYOSCE                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                      |
| 11. | Describe the findings of major studies in retinal diseases including the following: A.Diabetic Retinopathy Study(DRS) B.Diabetic Vitrectomy Study(DVS) c.Early Treatment of DRS(ETDRS)                                                                                                                                                                                   | KH                                | ESSAY                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                          |
| 12. | Describe retinal vasculardiseases. Diagnose, evaluate, and treatthe retinal vascular diseases a. Arterial and venousobstructions b. Diabetic retinopathy c. Hypertensive retinopathy d. Peripheral retinal vascularocclusive disease e. Acquired retinal vasculardiseases f. Ocular ischemic syndrome g. Sickle cell retinopathy h. Retinal pigment epithelialdetachment | KH, S                             | ESSAYOSCE                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                      |
| 13  | Describe principles of retinaldetachment, various types of retinal detachment and their evaluation.  Describe the techniques for retinal detachment repair (e.g., pneumatic retinopexy, scleral buckling, vitrectomy)                                                                                                                                                    | КН                                | ESSAY                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                          |
| 14  | Describe macular anatomy, function and recognize macular disorders like:  a. ARMD b. Choroidal neovascularization c. High myopia d. Macular dystrophies e. epiretinal membrane. f. Macular holes g. Cystoid macular edema h. Central serous choroidopathy (retinopathy) i. Retinal pigment epithelialdetachment.                                                         | KH, S                             | ESSAYOSCE                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                      |
| 15. | Describe, recognize, and evaluate hereditary retinal and choroidal diseases (e.g., gyrate atrophy, choroideremia, retinitis pigmentosa, cone dystrophies, Stargardt's disease, Best's disease, congenital stationary night blindness)                                                                                                                                    | кн                                | ESSAY                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                          |
| 16. | Describe the fundamentals of, evaluate, and treat (or refer) peripheral retinal diseases and vitreous pathology (e.g., vitreous hemorrhage, PVD, retinalbreaks)                                                                                                                                                                                                          | кн                                | ESSAY Sold Selection                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                           |
| 17. | Describe, evaluate, and treat posterior uveitissyndromes and                                                                                                                                                                                                                                                                                                             | KHDean (1)<br>S. Ramaiah Univesil | The state of the s |

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| 18. | Describe basic principles, indications and complications of laser photocoagulation.                                                                                                                                                                  | КН | ESSAY    |
|-----|------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|----|----------|
|     | Perform basic laser treatment for diabetic retinopathy (e.g., panretinal photocoagulation, macular grid)                                                                                                                                             | PP | MCEXMCEX |
|     | Perform diabetic focal/grid macular lasertreatment<br>Perform laser retinopexy (demarcation) forisolated<br>retinal breaks                                                                                                                           | кн |          |
|     | Evaluate and treat complications of retinal photocoagulation (e.g., vitreous hemorrhage, chorioretinal anastomoses)                                                                                                                                  |    |          |
| 19. | Describe the basics of surgical vitrectomy (e.g., indications, mechanics, instruments, technique and complications)                                                                                                                                  | КН | ESSAY    |
|     | Assist in a retinal surgery or perform theprocedure under supervision.                                                                                                                                                                               | Р  | DOPS     |
|     | Describe the fundamentals of special vitreoretinal techniques  a. Macular hole repair  b. Epiretinal membrane peeling  Complex vitrectomy for proliferative vitreoretinopathy d. Use of heavy liquids and intraocular gases (e.g., perfluorocarbons) | КН | ESSAY    |
|     | Apply in clinical practice the more complex principles of surgical management of diabetic retinopathy (e.g., vitrectomy, membrane release)                                                                                                           | Р  | DOPS     |
| 20. | Perform cryotherapy of retinal holes and other pathology                                                                                                                                                                                             | Р  | DOPS     |
| 21  | Perform scleral buckling                                                                                                                                                                                                                             | P  | DOPS     |

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| 22 | Residents must be able to demonstrate interpersonal and communication skills that result in effective information exchange and teaming with patients, patients" families, and professional associates.  Residents are expected to:  a. Create and sustain a therapeutic and ethically sound relationship with patients | KH, S | ESSAY |
|----|------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|-------|-------|
|    | <ul> <li>Use effective listening skills and elicitand<br/>provide information using effective<br/>nonverbal, explanatory, questioning, and<br/>writing skills</li> </ul>                                                                                                                                               |       |       |
|    | c. Work effectively with others as a member or leader of a health-careteam orother professional groups                                                                                                                                                                                                                 |       |       |
| 23 | Teaching: The ability to pass on skillsacquired to one"s juniors which are theoretical, procedural and surgical.                                                                                                                                                                                                       | KHS   | ESSAY |

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Ocular Oncology

| SI No. | COMPETENCY                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                      | DOMAIN                                  | ASSESSMENT                                  |
|--------|---------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|-----------------------------------------|---------------------------------------------|
|        | Basic Level Goals                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                               | K – KNOWSHOW<br>S- SHOWS<br>P- PERFORMS |                                             |
| 1      | Describe the basic categorization ofocular tumors and their clinical features  a. Nonneoplastic tumors (eg,hamartomas)  b. Neoplastic tumors  l. Benign (eg, nevus, hemangioma)  ll. Malignant (eg, melanoma,carcinoma, metastasis)  Traumatic lesions (eg, implantation cysts, hemorrhages)  Degenerative lesions (eg, disciforms, sclerochoroidal calcification)  Idiopathic disease (eg, juvenile xanthogranuloma, vasoproliferativetumor) Paraneoplastic disease (eg, Bilateral diffuse uveal melanocyticproliferation)  latrogenic disease (eg, radiation-induced disease) | К                                       | Theory/written<br>assessment MCC<br>Seminar |
| )      | Describe the differential diagnosis of the major tumors                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                         | К                                       | Theory/written<br>assessment MCQ<br>Seminar |
|        | Describe the etiology of oculartumors, such as:  Environmental factors (eg, conjunctival squamous cell carcinoma)  Genetic factors (eg, retinoblastoma)  Syndromes (eg, von Hippel-Lindau disease)  Malformations (eg, choroidalosteoma)                                                                                                                                                                                                                                                                                                                                        | К                                       | Theory/written<br>assessment MCQ<br>Seminar |
|        | Describe relevant genetic abnormalities and techniques: Germinal and somatic mutationsrelevant to oncology (eg, retinoblastoma) Important genetic techniques (eg, fluorescence in situ hybridization)                                                                                                                                                                                                                                                                                                                                                                           |                                         | Theory/written<br>assessment MCQ<br>Seminar |



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|   | Describe the examinations and testsby which ocular                                                            | K   | Theory/written                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                 |
|---|---------------------------------------------------------------------------------------------------------------|-----|--------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|
|   | tumors are diagnosed                                                                                          |     | assessment MCQ                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                 |
|   | a. Inspection                                                                                                 |     | Seminar                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                        |
|   | b. Transillumination                                                                                          |     |                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                |
|   | c. Color photography                                                                                          |     |                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                |
|   | d. Optical coherence tomography                                                                               |     |                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                |
|   | e. Autofluorescence Angiography (indocyanine green                                                            |     |                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                |
|   | and fluorescein)                                                                                              |     |                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                |
|   | g. Ultrasonography                                                                                            |     |                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                |
|   | h. Magnetic resonance imaging                                                                                 |     |                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                |
|   | i. Computerized tomography                                                                                    |     |                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                |
|   | j. Positron emission tomography                                                                               |     |                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                |
|   | k. Biopsy                                                                                                     |     |                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                |
|   | i. Aspiration ii. Incisional iii. Excisional iv. Impression                                                   |     |                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                |
|   | cytology                                                                                                      |     |                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                |
|   | I. Systemic investigation accordingto ocular tumor                                                            |     |                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                |
|   | diagnosis                                                                                                     |     |                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                |
|   | i. History                                                                                                    |     |                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                |
|   | ii. Clinical examination                                                                                      |     |                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                |
|   | iii. Hematology and biochemistry                                                                              |     |                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                |
|   | iv. Radiography                                                                                               |     |                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                |
|   | v. Ultrasonography                                                                                            |     |                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                |
|   | vi. Computerized tomography                                                                                   |     |                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                |
|   | vii. Magnetic resonance imaging                                                                               |     |                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                |
|   | viii. Genetic testing                                                                                         |     |                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                |
| 6 | Perform slit-lamp examination, gonioscopy, and indirect ophthalmoscopy to diagnose andlocalize ocular tumors. | K,P | DOPS Mini CEX Clinical testing by supervision With logbook Demonstration                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                       |
| 7 | Perform B-scan ultrasonography todetect and measure                                                           | K,P | DOPS                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                           |
|   | intraocular tumors.                                                                                           |     | Mini CEX Clinical                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                              |
|   | State Control (See Fig. 1997) Control (See See See Control (See See See See See See See See See Se            |     | testing by                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                     |
|   |                                                                                                               |     | supervision                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                    |
|   |                                                                                                               |     | With logbook                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                   |
|   |                                                                                                               |     | Demonstration                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                  |
| 8 | Perform palpation of cervical lymphnodes                                                                      | K,P | DOPS                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                           |
|   |                                                                                                               |     | Mini CEX Clinical                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                              |
|   |                                                                                                               |     | testing                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                        |
|   |                                                                                                               |     | supervision<br>With legbook                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                    |
|   |                                                                                                               |     | The second secon |
|   |                                                                                                               |     | Demonstration                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                  |

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| 9  | Describe the systemic features ofocular tu<br>and how these features are detected                                                                                                                                                                                                                                                                                                                                            | К      | Theory/writtenassessment M<br>Seminar                        |
|----|------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|--------|--------------------------------------------------------------|
| 10 | Describe the relevance of staging tumors of TNM [Tumor, lymph Nodes, Metastasis] Classification of Malignant Tumors).                                                                                                                                                                                                                                                                                                        | К      | Theory/writtenassessment M<br>Seminar                        |
| 11 | Describe the management options for ocular tumors with indications and contraindications for each form of management Radiotherapy (eg, brachytherapy, external beam radiotherapy, proton beam) b. Chemotherapy (eg, topical, intraocular, systemic) c. Phototherapy (eg, photocoagulation, photodynamictherapy) d. Cryotherapy (eg, liquid nitrogen, carbon dioxide) e. Surgical resection (eg, localresection, enucleation) | K      | Theory/writtenassessment M<br>Seminar                        |
| 12 | Describe the complications of ocular therapy and their management                                                                                                                                                                                                                                                                                                                                                            | К      | Theory/writtenassessment<br>MCQ<br>Seminar                   |
| 13 | Describe basic histopathology oftumors, including immunohistochemistry                                                                                                                                                                                                                                                                                                                                                       | K      | Theory/writtenassessment<br>MCQ<br>Seminar                   |
| 14 | Describe the applied surgical anatomy,<br>histology, and physiology<br>of the eye and ocular adnexa with<br>relevance to ocular oncology.                                                                                                                                                                                                                                                                                    | К      | Theory/writtenassessment<br>MCQ<br>Seminar                   |
| 15 | Perform excision of conjunctival tumors,<br>avoiding seeding, or refer to<br>an ocular oncology subspecialist forsuch<br>surgery if possible                                                                                                                                                                                                                                                                                 | K,P    | Clinical testing bysupervision<br>With logbook Demonstration |
| 16 | Perform sequential examination to assess the tumor over time (eg, atypical nevus)                                                                                                                                                                                                                                                                                                                                            | K,P    | Clinical testing bysupervision<br>With logbook Demonstration |
| 17 | Collaborate with subspecialist in the preoperative care and referral of selected patients with an ocular tumor, avoiding potential pitfalls                                                                                                                                                                                                                                                                                  | K,P    | Interdepartmentalseminar                                     |
| 18 | Provide short-term and long-term postoperative care to patients with                                                                                                                                                                                                                                                                                                                                                         | K.S.P  | Clinical testing by supervision                              |
|    | an ocular tumor, collaborating with a subspecialist and other health care workers as appropriate                                                                                                                                                                                                                                                                                                                             | 1 ( -1 | With logbook Demonstration<br>Interdepartmentalseminar       |

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| 19 | Discuss prognosis and various<br>management options with patients and<br>their families in a detailed, ethical, and<br>compassionate manner                             | K, S,P                         | Clinical testing bysupervision<br>With logbook Demonstration |
|----|-------------------------------------------------------------------------------------------------------------------------------------------------------------------------|--------------------------------|--------------------------------------------------------------|
| 20 | Communicate prognosis with patients, relatives, and health care workers; and adjust patient management accordingly in collaboration, if necessary, with a subspecialist | workers; and<br>nt accordingly | Clinical testing bysupervision<br>With logbook Demonstration |
| 21 | Assist patients with selecting the most appropriate management in collaboration, if necessary, with a subspecialist in ocular oncology.                                 | K, S,P                         | Clinical testing bysupervision<br>With logbook Demonstration |
| 22 | Provide or organize appropriate psychological support, demonstrating empathy and an adequate awareness of the principlesof this aspect of care (eg, giving badnews)     | K, S,P                         | Clinical testing bysupervision<br>With logbook Demonstration |
| 23 | Collaborate with subspecialists and other health care professionals to provide patient focused care.                                                                    | K, S,P                         | Clinical testing bysupervision<br>With logbook Demonstration |

Systemic ophthalmology & Immune Ocular Disorders

| SI no | Competencies                                                                                                                                                                                                                                                                                                                                                      | Level of competency<br>KH- Knows HowS-<br>Shows<br>P- Performs | Assessments                              |
|-------|-------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|----------------------------------------------------------------|------------------------------------------|
| 1     | Describe and list the common systemic diseasesaffecting<br>the eye including infectious and non-infectious etiology                                                                                                                                                                                                                                               | KH                                                             | Written tests Essay<br>questionsMCQs     |
| 2     | Obtain a detailed history of the symptomatology in<br>patients with systemic diseases and also to emphasize on<br>the details of the course, duration and treatment of the<br>parent disease                                                                                                                                                                      |                                                                | DOPSOSCE<br>Written assessment<br>Essays |
| 3     | Describe the different signs and symptoms of ocular manifestations of systemic viral infections ( herpes, varicella, infectious mononucleosis, CMV, HIV), bacteria infections(Tuberculosis, Syphilis, Leprosy), Malaria, funga infections like candidiasis, histoplasmosis, cryptococcosis, worm infestations like cysticercosis, toxocariasis and Onchocerciasis | 22.41.00                                                       | Written tests Essays                     |

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| 4  | List the ocular features of non - infectious inflammatory systemic diseases like collagen vascular disorders (Rheumatoid arthritis, polyarteritis nodosa, ankylosing spondylitis, dermatomyositis, sarcoidosis, systemic lupus erythematosus etc), metabolic disorders, chromosomal and endocrine disorders | кн     | Written tests Essa<br>MCQs Case scenari    |
|----|-------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|--------|--------------------------------------------|
| 5  | Describe the ocular metastatic lesions in systemic neoplasms involving blood (leukemia), breast, colon, kidney, lung and others                                                                                                                                                                             | кн     | Written tests Essays                       |
| 6  | List the ocular manifestations of vitamin deficiencies<br>including A, B and C with specialemphasis on vitamin A<br>disease, its differentialdiagnosis and treatment                                                                                                                                        | КН     | Written assessment<br>Essays MCQS          |
| 7  | Describe the ocular signs and symptoms of autoimmune disorders, including immune relateduveitis                                                                                                                                                                                                             | КН     | Written tests Essays                       |
| 8  | List the indications of ocular treatment in various systemic diseases, their side effects and their effect on the course of systemic diseases                                                                                                                                                               | КН     | Written tests Essays                       |
| 9  | Perform a detailed slit lamp examination of the anterior<br>segment including tear film tests and evaluation of the<br>anterior chamber for evidence of uveitis                                                                                                                                             | Р      | DOPSOSCE<br>Mini Cex Case<br>presentations |
| 10 | Perform a detailed posterior segment examination including anterior vitreous for inflammation and dilated fundus examination to look for optic disc changes, retina for vasculature and infiltrates/lesions and macular abnormalities                                                                       | Р      | DOPSOSCE<br>Mini Cex Case<br>presentations |
| 11 | Interpret and order relevant systemic investigations wherever necessary like P ANCA, C ANCA, Bloodcounts, ANA, specific viral markers and antibodies, radiological imaging ( X rays, CT Scans, MRI andothers)                                                                                               | Р      | Case scenariosOSCE<br>Case presentations   |
| 12 | Perform ocular investigations like FFA, OCT and BScan wherever required and interpret them                                                                                                                                                                                                                  | P      | DOPS Video assisted assessments            |
| 13 | Treat the various ocular manifestations withdifferent drugs and routes of administration                                                                                                                                                                                                                    | Р      | OSCEDOPS<br>Case<br>presentations          |
| 14 | Counsel the patients about the occurrence of ocular manifestations in systemic disease and the need for the treatment of such conditions                                                                                                                                                                    | P      | DOPSOSCE                                   |
| .5 | Counsel the patients for regular follow up in order to note the progression of ocular condition and the adequacy of treatment.                                                                                                                                                                              | * Soin | DOPSOSCE                                   |

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#### Essential diagnostic Skill

| SI No | Competencies                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                      | Level of Competency<br>K - Knows<br>KH-Knows HowS- Shows<br>P- Performs | Assessment |
|-------|-------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|-------------------------------------------------------------------------|------------|
| 1.    | Perform and interpret, a detailed clinical examination using various investigative tools including  • Slit lamp Examination: Diffuse Examination / Focal Examination / Retrollumination-direct & indirect /Sclerotic scatter / Specular reflection / Staining modalities  • Fundus evaluation: Direct & Indirect ophthalmoscopy with fundus Drawing  • Slit lamp biomicroscopic examination of Fundus: 3-mirror, 78-D/90-D/60-D Examination  • Amsler"s grid charting                                                                                                                                                                                                                                                                                                                                             | P                                                                       | Mini-CEX   |
| 2.    | Perform Basic Investigations along with their interpretation of  Tonometry: Applanation / Indentation / Non contact tonometry  Gonioscopy- grading of the angle  Tear/ Lacrimal function tests: Staining-fluorescein, Rose Bengal / Schirmer"s tests/ Break up time / Syringing /  Dacrocystography  Corneal Evaluation: Corneal scraping and cauterization, Smear preparation and interpretation (Gram"s stain/KOH), Media inoculation, Keratometry- performance & interpretation, Corneal topography- if available, Pachymetry  Colour Vision Evaluation: Ishihara pseudoisochromatic plates, Farnsworth Munsell 100hue test  Refraction: Retinoscopy- streak/ Priestley Smith, Use of Jackson"s cross-cylinder, Subjective and objective refraction, Prescription of glasses  Diagnosis & Assessment of squint |                                                                         | DOPS  DOPS |

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|    | Ocular position and motility examination, Synotophore usage, Lees screen usage(if available), Diplopia charting Assessment of strabismus - cover tests/prismbars/ synoptophore Amblyopic diagnosis and treatment Assessmentof convergence, accommodation, stereopsis, suppression  • Exophthalmometry: Usage of Hertel"s Exophthalmometry- proptosis Omeasurement  • Contact lenses: Hand-on training whereverpossible Fitting and assessment of RGP and softlenses Subjective verification of over refraction Common complications arising from contact lensuse Educating the patient regarding CL usage, and of complications  • Low Vision Aids Knowledge of basic optical devices available and relative advantages and disadvantages of each. The basics of fitting, with knowledge ofavailability |                              |                   |  |
|----|---------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|------------------------------|-------------------|--|
| 3. | Perform and interpret the following Essential Ocular imaging and investigative skills including  • Fluoroscein in angiography  • Ophthalmic ultrasound: A-scan /B-scan  • Automated perimetry for glaucoma and neurological lesions  • OCT and basic knowledge of UBM  • ERG, EOG, VER  • Specular Microscopy  • New modalities of glaucoma investigation  • Radiological tests:  • X rays — Antero Posterior/ Lateral View, PNS (Water"s view) / Optic canal views, Localization of ocular and intra orbital Foreign Bodies                                                                                                                                                                                                                                                                            | P                            | DOPS/Mini-<br>CEX |  |
| 4. | Interpretation of – CT scan / MRI  Perform independently and provide follow-upcare the following laser     Yag Capsulotomy     Laser iridotomy     Focal and panretinal photocoagulation                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                | * Wolversity Of Shouse & Co. | DOPS              |  |

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#### **Surgical Procedures**

| SI No | Competencies                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                            | Level OfCompetencey K- Knows KH-Knows HowS- Shows P- Performs | Assessment |
|-------|-------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|---------------------------------------------------------------|------------|
| 1.    | Perform the following minor surgical procedures independently, provide post-op follow-up care, recognize and treat complications that arise  • Conjunctival and corneal foreign body removal on the slit lamp  • Conjunctival cyst excision  • Conjunctival flap/ peritomy  • Suture removal- skin / conjunctival/ corneal / corneoscleral  • Subconjunctival injection  • Posterior Sub-Tenon"s injections  • Chalazion incision and curettage  • Biopsy of small lid tumors  • Tarsorrhaphy  • Artificial eye fitting |                                                               | DOPS       |
| 2.    | Perform the following ocular anesthesia independently, identify and treat complications  Retro bulbar anesthesia Facial nerve blocks- O"Brien / Atkinson/ Van lint & modifications Frontal nerve blocks Infra orbital nerve blocks Blocks for sac surgery                                                                                                                                                                                                                                                               |                                                               | DOPS       |

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| 3. | Perform independently / under supervision /assist                                  | Р | DOPS/OSCAR |
|----|------------------------------------------------------------------------------------|---|------------|
|    | and                                                                                |   |            |
|    | deal with complications arising from thefollowing                                  |   |            |
|    | surgeries                                                                          |   |            |
|    | Lid Surgery                                                                        |   |            |
|    | Tasorrhaphy     Ectropion & entropion (simple)                                     |   |            |
|    | procedures)                                                                        |   |            |
|    | <ul> <li>Lid repair following trauma – including lid margin tears</li> </ul>       |   |            |
|    | <ul> <li>Epilation, electroepilation</li> </ul>                                    |   |            |
|    | <ul> <li>Destructive procedures</li> </ul>                                         |   |            |
|    | <ul> <li>Evisceration with or without implant</li> </ul>                           |   |            |
|    | <ul> <li>Enucleation with or without implant</li> </ul>                            |   | - 0        |
|    | <ul> <li>Enucleation for eye donation</li> </ul>                                   |   |            |
|    | <ul> <li>Cyclocryotherapy</li> </ul>                                               |   |            |
|    | Sac surgery                                                                        |   |            |
|    | <ul> <li>Dacryocystectomy</li> </ul>                                               |   |            |
|    | <ul> <li>Dacryocystorhinostomy</li> </ul>                                          |   |            |
|    | <ul> <li>Probing for congenital obstruction</li> </ul>                             |   |            |
|    | of nasolacrimalduct                                                                |   |            |
|    | <ul> <li>Pterygium excision with modifications,</li> </ul>                         |   |            |
|    | conjunctival autograft and amniotic                                                |   |            |
|    | membrane transplant                                                                |   |            |
|    | <ul> <li>Repair of corneal / corneo – scleral perforations</li> </ul>              |   | 11         |
|    |                                                                                    |   |            |
|    | Strabismus surgery                                                                 |   |            |
|    | <ul> <li>Recession and resection procedures on the<br/>horizontal recti</li> </ul> |   |            |
|    | Orbital surgery                                                                    |   |            |
|    | Incision and drainage via anterior orbitotomy for abscess                          |   |            |

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| 4. | Perform independently / under supervision / assist and deal with complications arising from the following microsurgical procedures  • Cataract surgery  • Standard ECCE with or without IOL implantation  • Small incision ECCE with orwithout IOL implantation  • Secondary AC or PC IOL implantation  • Phacoemulsification- underguidance /assisted                                                | P  | OSCAR |
|----|-------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|----|-------|
| 5. | Perform independently / under supervision /assist and deal with complications arising from the following surgeries  • Vitreous Surgery Intra-vitreal and intra-cameral(anterior chamber) injection techniques and dosages, particularly for endopthalmitismanagement. The student should know the basis ofopen sky vitrectomy (anterior segment) in the management of cataract surgery complications. | S  | DOPS  |
| 6. | Have Knowledge of the steps and complications and preferably assisted in the following microsurgical procedures  • Keratoplasty - Therapeutic and optical  • Glaucoma surgery  • Trabeculectomy- including Pharmacological modulation of trabeculectomy                                                                                                                                               | кн | Essay |
| 7. | Have Knowledge of the steps and complications and preferably assisted in thefollowing retinal surgeries  Retinal Detachment surgery  3-port vitrectomy with various additional steps like membrane  peeling, silicone oil injection and and olaser                                                                                                                                                    | кн | Essay |

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|       | Community Ophthalmology Co                                                                                                                                   | mpetencies                                                            |                               |
|-------|--------------------------------------------------------------------------------------------------------------------------------------------------------------|-----------------------------------------------------------------------|-------------------------------|
| SI No | Competencies                                                                                                                                                 | Level of competency<br>K- Knows<br>KH-Knows HowS-Shows<br>P- Performs | Assessment                    |
| 1     | Ability to organize institutional screening                                                                                                                  | КН,Р                                                                  | WPBA,Role play                |
| 2     | Ability to organize peripheral eye screening<br>camps, schoolscreening camps                                                                                 | 9999-2857                                                             | WPBA,360 Feed<br>back         |
| 3     | Knowledge and ability to execute guidelines of<br>National Program for Prevention of Blindness,<br>National Rural Health Mission policies and Vision<br>2020 | K,SH                                                                  | Essay, MCQ, Viva<br>Voce      |
| 4     | To be aware of national and international agencies<br>involved in the prevention of blindness                                                                | K                                                                     | Essay,MCQ,Viva<br>Voce        |
| 5     | Calculate Cataract surgical rate and cataract incidence inIndia                                                                                              | KH,SH,P                                                               | SAQ, Viva Voce                |
| 5     | Awareness and exposure to Master of Public<br>Healthprograms                                                                                                 | К                                                                     | Essay,MCQ,Viva<br>Voce        |
| 7     | Impart public health education in campsites                                                                                                                  | SH,P                                                                  | WPBA,Role play                |
| 3     | Understand the Functioning of Eye banking                                                                                                                    | KH,SH                                                                 | Essay,MCQ, Viva<br>Voce, WPBA |



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|                                        | Community Eye Health • Low Vision Rehabilitation                                                                                                                           |                                                           |                   |  |  |  |
|----------------------------------------|----------------------------------------------------------------------------------------------------------------------------------------------------------------------------|-----------------------------------------------------------|-------------------|--|--|--|
| Low vision rehabilitation Competencies |                                                                                                                                                                            |                                                           |                   |  |  |  |
| SI No.                                 | Competency                                                                                                                                                                 | Level of competency<br>KH-Knows HowS-Shows<br>P- Performs | Assessmen         |  |  |  |
| 1                                      | Describe the definition, types and degrees of Low vision.                                                                                                                  | КН                                                        | SAQ               |  |  |  |
| 2                                      | Describe the most common causes of low vision in different agegroups.                                                                                                      | КН                                                        | SAQ               |  |  |  |
| 3                                      | Describe the special aspects of vision assessment for<br>children and adults with low vision.                                                                              | KH/S                                                      | SAQ               |  |  |  |
| 4                                      | Describe the tests for determination of visual disability                                                                                                                  | S/P                                                       | SAQ               |  |  |  |
| 5                                      | Describe the evaluation of and rationale for licensing<br>automobile drivers who are visually impaired and<br>understandthe local licensing regulations.                   | 1.00                                                      | SAQ               |  |  |  |
| 6                                      | Describe the challenges encountered by individuals withvision impairments.                                                                                                 | КН                                                        | SAQ               |  |  |  |
| 7                                      | Describe the effects of low vision on the general<br>health andpsychological well-being of the patient.                                                                    | кн                                                        | SAQ               |  |  |  |
| 8                                      | Describe the goals of therapy in patients with low vision                                                                                                                  | КН                                                        | SAQ               |  |  |  |
| 9                                      | Describe the optics of low vision aids                                                                                                                                     | KH                                                        | SAQ               |  |  |  |
| 10                                     | Describe the clinical applications and limitationsof<br>low vision aids (e.g Closed circuit television,<br>magnification, Braille, Computer with artificial<br>speech etc) | 300                                                       | SAQ               |  |  |  |
| 11                                     | Describe the significant co-morbidities that caninterfere withlow vision rehabilitation.                                                                                   | КН                                                        | SAQ               |  |  |  |
| 12                                     | Describe the vision related quality of lifemeasurements.                                                                                                                   | КН                                                        | SAQ               |  |  |  |
| 13                                     | Describe the medical and/or surgical interventions<br>necessary to achieve best possiblevisual outcomes in<br>patients with lowvision.                                     | A 1 1 1 1 1 1 1 1 1 1 1 1 1 1 1 1 1 1 1                   | SAQ               |  |  |  |
| 14                                     | Describe the concept of artificial vision and<br>implantation of microchips for the treatmen<br>ofpatients with low vision                                                 |                                                           | * SAI Scient      |  |  |  |
| 15                                     | Perform evaluation of visual function in patientswitt<br>low vision.                                                                                                       | h P                                                       | Mini-CEX          |  |  |  |
| 16                                     | Perform visual acuity and visual field assessmenti-<br>licensingdrivers who are visually impaired                                                                          | n P                                                       | Jaicre - Mini-CEX |  |  |  |
| 17                                     | Prescribe rehabilitative therapies and opticaldevice<br>topatients with low vision                                                                                         | s P                                                       | DOPS              |  |  |  |

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| 18 | Demonstrate low vision devices and educatepatients<br>on theuses and limitations of these devices.                  | Р   | DOPS |
|----|---------------------------------------------------------------------------------------------------------------------|-----|------|
| 19 | Prescribe the visual field enhancing techniques for patients withhemianopia field loss.                             | р   | DOPS |
| 20 | Inform patients with low vision of the rehabilitative resourcesavailable in the region and provide contact details. | S/P | DOPS |

### Ethics and Professionalism in Ophthalmology

|         | Professionalism                                                                                                                            |                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                               |                                        |
|---------|--------------------------------------------------------------------------------------------------------------------------------------------|-------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|----------------------------------------|
| SI. No. | Competencies: At the end of three yearsof residence, the post-graduate student should be able to                                           | Level of competency<br>K- Knows<br>KH- Knows how<br>SH- Shows how<br>P- Performs                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                              | Assessment                             |
| 1.5     | Demonstrate the personal etiquettes expected of a healthcare professional with respect to time management.                                 | Р                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                             | DOPS<br>Viva voce                      |
| 2.      | Demonstrate the personal etiquettes expected of a<br>healthcare professional with respect to personal care<br>and hygiene                  | Р                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                             | DOPS<br>Viva voce                      |
| 3.      | Demonstrate the personal etiquettes expected of a<br>healthcare professional with respect to social and<br>gender boundaries and behaviors | р                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                             | Case scenarioMini-CEX<br>DOPS<br>OSCE  |
| 4.      | Demonstrate respect for colleagues on issues that breach respect (gossiping, pointing faults, contradicting)                               | SH                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                            | DOPS<br>Mini-CEXOSCE                   |
| 5.      | Demonstrate respect for patient privacy and confidentiality                                                                                | P                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                             | Case scenarioMini-CEX<br>DOPS<br>OSCE  |
| 6.      | Demonstrate good communication skills such as maintaining an open posture, making eye contact and paying attention                         |                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                               | DOPS<br>Mini-CEX Case scenario<br>OSCE |
| 7.      | Demonstrate an understanding of collaboration and teamwork                                                                                 | 02                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                            | DOP<br>Critical appraisal ofmovie      |
| 8.      | Demonstrate an understanding of patient safety atthe core of healthcare quality                                                            | Total Control of the | DOPS<br>Reflectivenarrative            |
|         | Demonstrate complete and comprehensive documentation in a case sheet from admissionrecords to discharge.                                   | SH/P SHOWS A SHOWS                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                            | DOPS                                   |
|         | Conduct an audit of ophthalmic services and prepare a report                                                                               | SH/P                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                          | Mini-CEX                               |

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|        | Ethics                                                                                                                                                                                                                                        |          |                                                           |  |  |
|--------|-----------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|----------|-----------------------------------------------------------|--|--|
| Sl.No. | Competencies: At the end of three years or residence, the post-graduate student should be able to                                                                                                                                             |          | Assessment                                                |  |  |
| 1.     | Demonstrate how an effective informed consent<br>process in ophthalmic healthcare is carried out<br>(including routine ophthalmic surgery, destructive<br>ophthalmic procedures, etc)                                                         |          | DOPS<br>Mini-CEX<br>Standardized patier<br>(or role play) |  |  |
| 2.     | Demonstrate respect for autonomyof the patient<br>and avoidance of paternalism in the context of<br>ophthalmology healthcare                                                                                                                  | 1        | DOPS<br>Standardized patien<br>(or role play)             |  |  |
| 3.     | Demonstrate the application of care in the context of ophthalmic healthcare (show empathy to patient who is aged, progressively blind and requires support)                                                                                   | ***      | DOPS<br>Mini-CEX<br>Standardized patien<br>(or role play) |  |  |
| 4.     | Demonstrate methods of fair allocation of donor eyes in an eyebank.                                                                                                                                                                           | SH       | Mini-CEX                                                  |  |  |
| 5,     | Demonstrate maintenance of privacy and<br>confidentiality of patients in the context of case<br>sheetdocumentation and reporting of HIV positive<br>status                                                                                    | -2 alice | Mini-CEX                                                  |  |  |
| 6.     | Demonstrate truth-telling and breaking of bad<br>news in the contextof healthcare (as in diagnosis of<br>ocular cancers, intraoperative complications, poor<br>visual prognosis, destructive surgeries like<br>enucleation/evisceration, etc) |          | Mini-CEX                                                  |  |  |
| 7.     | Report a medical error to the concerned authority<br>in the context of healthcare (wrong medication,<br>wrong eye, wrong patient, wrong drug, wrong<br>dosage, etc)                                                                           | - AMP-1  | Mini-CEX                                                  |  |  |
| 8.     | Demonstrate the process of shared clinical decision-making in the context of ophthalmologic healthcare (referral, second opinion, patient involvement, etc)                                                                                   | SH       | Mini-CEX                                                  |  |  |
| 9.     | Demonstrate an ethical medical profession-<br>industry relationship inthe context of prescription<br>of medicines, accepting of gifts and disclosure of<br>conflict of interest                                                               | SH       | Mini-CEX                                                  |  |  |
| 10.    | Demonstrate informed consent in health care (surgery, laser procedures, diagnostic procedures, eye donation, etc)                                                                                                                             | P        | DOPS                                                      |  |  |
| 11.    | Demonstrate informed consent inhealth care in<br>difficult situations (children, mentally-challenged,<br>pregnant women,terminally ill)                                                                                                       | P        | pops\\\\\*                                                |  |  |

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| 12. | Demonstrate methods to avoid stigma and discrimination in the context of HIV infection, disabilities, gender and LGBTQ, socioeconomic vulnerabilities, and in the context of COVID-19 infection | SH | Mini-CEX     |
|-----|-------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|----|--------------|
| 13. | Demonstrate the steps in counseling for an HIV patient in an ophthalmic care setting                                                                                                            | SH | Mini-CEXDOPS |
| 14. | Demonstrate the steps in genetic counseling in an ophthalmic care setting                                                                                                                       | SH | Mini-CEXDOPS |



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|   | Researc                                                                                                                                                                                                                                       | ch Ethics |                                                             |
|---|-----------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|-----------|-------------------------------------------------------------|
| 1 | Develop a research participant informationsheet<br>in simple language (English version)for an adult<br>patient undergoing an ophthalmologic clinical<br>trial                                                                                 | P         | DOPS                                                        |
| 2 | Develop an informed consent document in simple language (English version) for an adult patient undergoing an ophthalmologicclinical trial                                                                                                     | Р         | DOPS                                                        |
| 3 | Demonstrate responsible conduct of research by conducting the dissertationproject with honesty, responsibility, accountability and transparency                                                                                               | P         | Dissertation review and audit by the gui<br>external agency |
| 4 | Report an adverse event to the concerned authority (Guide, ethics committee) in thecontext of research.                                                                                                                                       | SH        | Dissertation review and audit by the guesternal agency      |
| 5 | Demonstrate ethical choice of authorship during publication in accordance with the guidelines as laid down by the InternationalCouncil of Medical Journal Editors (ICMJE)                                                                     | SH        | Mini-CEX                                                    |
| 6 | Prepare manuscript for publication avoiding any form of plagiarism                                                                                                                                                                            | Р         | DOPS<br>Continuous assessment                               |
| 7 | Demonstrate methods adopted during dissertation to protect privacy of research participants and confidentiality of data (in the enrollment process, during the informedconsent process, during data collection and during publication proces) | Р         | DOPS<br>Continuous assessment                               |

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### Medico legal aspects in ophthalmology Medicolegal aspects Competencies

| SI No | Competencies                                                                                                                                                                                                                                                                                                  | Level of<br>competency<br>KH-Knows HowS-<br>Shows<br>P- Performs | Assessment                                                |
|-------|---------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|------------------------------------------------------------------|-----------------------------------------------------------|
| 1.    | Understand the Medicolegal role of anophthalmologist  a) As a third party expert  b) As an expert who has treated the case  As a doctor facing Legal Proceeding againsthim/her.                                                                                                                               | КН                                                               | Essay questions, MCQs,<br>Case discussions, Viva<br>Voce. |
| 2.    | Define Transplantation of Human organ Act. Describe the legal aspects of Eye Donation, Keratoplasty and eye bank under Transplantationol Humanorgan Act 1994(Recent amendment 2014) and The Bombay corneal Grafting Act, 1957                                                                                 |                                                                  | Essay questions, Mos,<br>Case discussions, Viva<br>Voce.  |
| 3.    | Desribe the types of legal proceedings such as legalnotice,<br>summons, warrant, police statement, cognizable offence,<br>complaint, judicial proceeding.                                                                                                                                                     | 000                                                              | Essay questions, MCQs,<br>Case discussions, Viva<br>Voce. |
| 4.    | Explain the Liabilities of Doctor arising under Lawand the<br>enactments under which Civil and Criminalcases for<br>medicalnegligence of the doctors can be filed                                                                                                                                             | КН                                                               | Essay questions, MCQs,<br>Case discussions, Viva<br>Voce. |
| 5.    | Describe the IPC Various sections relevant for the Medical profession.                                                                                                                                                                                                                                        | КН                                                               | Essay questions, MCQs,<br>Case discussions, Viva<br>Voce. |
| 5.    | Define The Consumer Protection Act 1986 (No. 68of 1986) with Amendments of 1991, 1993 and 2002, 2019.  Describe Medical Negligence, act of omission, act of commission  Analyse the type of Hospitals under CPApreview.  ist the primary responsibilities of Hospital If not carried outamounts to negligence |                                                                  | Essay questions, MCQs,<br>Case discussions, Viva<br>Voce. |

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| 7. | Analyse the Pecuniary Jurisdiction of Consumer Forum(As per Amendments of 2002)                                                                                                                                       | КН   | Essay questions, MCQs<br>Case<br>discussions, VivaVoce.                           |
|----|-----------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|------|-----------------------------------------------------------------------------------|
| 8. | Describe the Procedural sequences of complaintslodge byPatients with various bodies.                                                                                                                                  | КН   | Essay questions, MCQs,<br>Case discussions, Viva<br>Voce.                         |
| 9. | Analyse which ophthalmic complications are not negligence, what acts of an ophthalmologists are liable , when is a manufacturer of products liable fornegligence in Case Laws of State and National Commission of CPA | КН   | Essay questions, MCQs,<br>Case discussions, Viva<br>Voce.                         |
| 10 | Describe "Prevention Of Violence And Damage<br>ToProperty Act", also known as the "Medical<br>Protection Act (MPA)".                                                                                                  | кн   | Essay questions, MCQs<br>Case discussions, Viva<br>Voce.                          |
| 11 | Demonstrate proficiency about when to informpolice                                                                                                                                                                    | P    | Log Book, WPBA, Role<br>play, Case discussion.<br>Essay questions,<br>Viva Voce.  |
| 12 | Perform Documentation of all the clinical events<br>and record keeping of all required medical<br>recordsfor the predetermined duration.                                                                              | P    | Log Book , WPBA, Role<br>play, Case discussion.<br>Essay questions,<br>Viva Voce. |
| 13 | Analyse the necessity of indemnity insurance ofdoctorsand get one self insured                                                                                                                                        | KH P | Log Book , WPBA, Role<br>play, Case discussion.<br>Essay questions,<br>Viva Voce. |
| 14 | Demonstrate proficiency in taking Various types of<br>Consentrelevant to the clinical circumstances                                                                                                                   | P    | Log Book ,WPBA,Role<br>play, Case discussion.<br>Essay questions,<br>Viva Voce.   |



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#### Research methodology in ophthalmology

|        | Research Methodology Cor                                                                                                                                                     | mpetencies                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                     |                                                           |
|--------|------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|--------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|-----------------------------------------------------------|
| SI.No. | Competencies                                                                                                                                                                 | Level of competency<br>KH-Knows HowS- Show<br>Performs                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                         | Assessment                                                |
| 1      | Should be able to understand evidence-base<br>medicine andresearchmethodology<br>And Ethics in research                                                                      | КН                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                             | Group discussionand theory                                |
| 2      | Able to perform Proper literature searchAnd<br>Framing aresearch question                                                                                                    | Р                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                              | Demonstration and group                                   |
| 3      | Describe Various study designs and Qualitative<br>research/epidemiologicalstudies/<br>development<br>of tools for quality of life and studies<br>relatedto social issues     | К                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                              | Seminars ,MCQs                                            |
| 4      | Describe Concept of population, concept of sample, sample sizecalculation                                                                                                    | ~                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                              | Theory questions<br>Demonstration andgroup<br>discussion, |
| 5      | Understanding of Basics of statistics a. Types of data b. Central tendency and spread of data c. Understanding P value . Standard error of mean (SEM) andconfidence interval |                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                | Seminars ,MCQs                                            |
| 6      | Describe Hypothesis testing  Concept of null hypothesis and alternatehypothesis  b. Type I error  c. Type II error  d. Power of study  e. Various statistical tests          | alph University of the state of | Seminars ,MCQs                                            |

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## MSRUAS Programme Structure and Course Details of MS Ophthalmology 2022 onwards

| 7 | Understanding various terminologies a. Risk ratio b. Odds ratio c. Sensitivity d. Specificity e. Positive predictive value f. Negative predictive value g. Receiver operator curve (ROC) h. Area under ROC i. Risk reduction j. Absolute risk reduction k. Number needed to treat l. Number needed to harm | K | Seminars/symposia<br>,MCQs        |
|---|------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|---|-----------------------------------|
| 8 | Protocol writing 12. Scientific writing . How to read and review a paper (criticalappraisal).                                                                                                                                                                                                              | Р | Demonstration andgroup discussion |



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## Annexure 2 MONTHWISE TEACHING SCHEDULE FOR POST GRADUATES DEPARTMENT OF OPHTHALMOLOGY

| MONTH     | SITE                                 | Teacher   |
|-----------|--------------------------------------|-----------|
| January   | Optics and Refraction                | Moderator |
| February  | Conjunctiva                          | Moderator |
| March     | Cornea                               | Moderator |
| April     | Lens                                 | Moderator |
| May       | Uvea                                 | Moderator |
| June      | Glaucoma                             | Moderator |
| luly      | Lids                                 | Moderator |
| August    | Ocular oncology                      | Moderator |
| September | Retina                               | Moderator |
| October   | Squint and neuro ophthal             | Moderator |
| November  | Orbit and Lacrimal Apparatus         | Moderator |
| December  | Systemic and community Ophthalmology | Moderator |

#### Note:

- 1. The respective faculty will be in charge of the entire process...planning, implementation and assessment.
- 2. It is preferable to put the time table latest by 20th of previous month.
- 3. PGs are expected to keep in touch with the respective teachers well ahead of the class.

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## Annexure 3 SEPTEMBER TEACHING SCHEDULE FOR POST GRADUATES

| Monday  | Tuesday                                        | Wednesday                                             | Thursday                                                                                                       | Friday                                                                                                                                                                               | Saturday                                                                                                                                                                                                                                                            |
|---------|------------------------------------------------|-------------------------------------------------------|----------------------------------------------------------------------------------------------------------------|--------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|---------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|
|         |                                                |                                                       |                                                                                                                | 1<br>Grand Rounds                                                                                                                                                                    | 2 Grand Roun                                                                                                                                                                                                                                                        |
| 4       | 5                                              | 6                                                     | 7                                                                                                              | 8                                                                                                                                                                                    | 9                                                                                                                                                                                                                                                                   |
| Seminar | ALC                                            | Case Present                                          | Journal Club                                                                                                   | Grand Rounds                                                                                                                                                                         | Grand Round                                                                                                                                                                                                                                                         |
| 11      | 12                                             | 13                                                    | 14                                                                                                             | 15                                                                                                                                                                                   | 16                                                                                                                                                                                                                                                                  |
| Seminar | ALC                                            | Case Present                                          | Journal Club                                                                                                   | Grand Rounds                                                                                                                                                                         | Grand Round                                                                                                                                                                                                                                                         |
| 18      | 19                                             | 20                                                    | 21                                                                                                             | 22                                                                                                                                                                                   | 23                                                                                                                                                                                                                                                                  |
| Seminar | ALC                                            | Case Present                                          | Journal Club                                                                                                   | Grand Rounds                                                                                                                                                                         | Grand Round                                                                                                                                                                                                                                                         |
| 25      | 26                                             | 27                                                    | 28                                                                                                             | 29                                                                                                                                                                                   | 30                                                                                                                                                                                                                                                                  |
| Seminar | ALC                                            | Case Present                                          | Journal Club                                                                                                   | Grand Rounds                                                                                                                                                                         | Grand Round                                                                                                                                                                                                                                                         |
|         | 4<br>Seminar<br>11<br>Seminar<br>18<br>Seminar | 4 5 Seminar ALC  11 12 Seminar ALC  18 19 Seminar ALC | 4 5 6 Seminar ALC Case Present  11 12 13 Seminar ALC Case Present  18 19 20 Seminar ALC Case Present  25 26 27 | 4 5 6 7 Seminar ALC Case Present Journal Club  11 12 13 14 Seminar ALC Case Present Journal Club  18 19 20 21 Seminar ALC Case Present Journal Club  20 21 Case Present Journal Club | 1   Grand Rounds   1   Grand Rounds   4   5   6   7   8   Grand Rounds   11   12   13   14   15   Grand Rounds   11   ALC   Case Present Journal Club   Grand Rounds   18   19   20   21   22   Grand Rounds   25   26   27   28   29   29   29   29   29   29   29 |



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#### ANNEXURE -4

## **DEPARTMENT OF OPHTHALMOLOGY**

## POLICY FOR OUTSIDE PG POSTINGS

## Year wise PG Posting

- 3<sup>rd</sup> year students are posted for 1 month peripheral posting (Narayana Netralaya).
- 2. All compulsory posting to DRP (District Residency Programme)

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#### Annexure 5

### Logbook entry

| Date               |  |
|--------------------|--|
| Setting/method     |  |
| Presented/attended |  |
| Summary in brief   |  |
| Reflection         |  |
| Teachers comments  |  |

Student's signature

Guide's Signature



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## ANNEXURE-6

Postgraduate Students Appraisal Form Name of the PG Student Period of Training Duration:......to.......

| SI. No | Particulars                                      | Not satisfactory<br>(1,2,3) | Satisfactory<br>(4,5,6) | More than<br>Satisfactory<br>(7,8,9,10) | Remarks |
|--------|--------------------------------------------------|-----------------------------|-------------------------|-----------------------------------------|---------|
| 1      | Journal based learning                           |                             |                         |                                         |         |
| 2      | Patient care and rounds                          |                             |                         |                                         |         |
| 3.     | Bedside teaching, Clinical seminars              |                             |                         |                                         |         |
| 4.     | Communication skills                             |                             |                         |                                         |         |
| 5.     | Log book                                         |                             |                         |                                         |         |
| 6.     | Thesis work                                      |                             |                         |                                         |         |
| 7.     | CME/Outreach programmes/Conference presentations |                             |                         |                                         |         |
| 8.     | Self-directed learning                           |                             |                         |                                         |         |
| 9.     | Under-graduate teaching                          |                             |                         |                                         |         |
| 10.    | Research/Publication                             |                             |                         |                                         |         |

Sign of the student

Sign of the assessor

Sign of Head of the Department

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## MS Ophthalmology 2022 onwards

Course Code: MSC509A

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| Course Title | Basic Sciences related to Ophthalmology, Refraction & Optics |
|--------------|--------------------------------------------------------------|
| Course Code  | MSC509A                                                      |
| Department   | Ophthalmology                                                |
| Faculty      | Ramaiah Medical College                                      |

#### Course summary:

This course is designed in such a way that the student will master the basics of Optics and refraction, basic sciences in Ophthalmology.

#### Course Outcomes:

CO 1: Demonstrate comprehensive knowledge of applied anatomy, Physiology. Biochemistry Microbiology, Pathology and pharmacology pertinent to the eye. (C)

CO 2: Demonstrate the understanding of various concepts of Optics and refraction. (C)

#### Course Content:

- A. Basic sciences in Ophthalmology
- 1. Orbital and ocular anatomy
- a. Gross anatomy
- b. Histology
- c. Embryology
- 2. Ocular Physiology
- 3. Ocular Pathology
- 4. Ocular Biochemistry, General biochemistry, biochemistry applicable to ocular function
- 5. Ocular Microbiology, General Microbiology, specific microbiology applicable to the eye
- 6. Immunology with particular reference to ocular immunology
- 7. Genetics in ophthalmology
  - B. Optics and refraction
    - 1. Basic physics of optics
    - 2. Applied ophthalmic optics
    - 3. Applied optics including optical devices
    - 4. Errors of Refraction

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| Course Code and name                     | Course Out | Program Outcomes |     |     | Program Specific Outcomes |      |      |      |      |      |
|------------------------------------------|------------|------------------|-----|-----|---------------------------|------|------|------|------|------|
|                                          |            | PO1              | PO2 | PO3 | PO4                       | PSO1 | PSO2 | PSO3 | PSO4 | PSO5 |
| MSC509A Basic<br>Sciences related<br>to  | CO 1       | 3                | NA  | 1   | 1                         | 1    | NA   | NA   | 1    | NA   |
| Ophthalmology,<br>Refraction &<br>Optics | CO 2       | 3                | 3   | 2   | 3                         | 3    | 3    | 1    | 2    | NA   |



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# MS Ophthalmology 2022 onwards

Course Code: MSC510A

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| Course Title | Clinical Ophthalmology  |  |
|--------------|-------------------------|--|
| Course Code  | MSC510A                 |  |
| Department   | Ophthalmology           |  |
| Faculty      | Ramaiah Medical College |  |

#### Course Summary:

This course is designed in such a way that the student will master the evidence based management of disorders of anterior segment and adnexae

## Course Outcomes:

- CO 1: Demonstrate the ability to diagnose diseases of the anterior segment and discuss appropriate management. (C,A,P)
- CO 2: Demonstrate the ability to diagnose diseases of the adnexa and discuss appropriate management. (C,A,P)

## Course Content:

## A.Disorders of anterior segment

- 1.Disorders of the Conjunctiva
- 2. Disorders of the Sclera
- 3. Disorders of the Cornea
- 4. Disorders of the Uveal Tract
- 5.Disorders of the Lens
- 6.Glaucoma

#### B. Disorders of adnexa

- 1.Disorders of the lids
- 2.Disorders of the lacrimal system

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| Course Code and name                 | Course<br>Outcomes | Program Outcomes |     |     |     | Program Specific Outcomes |      |      |      |      |  |
|--------------------------------------|--------------------|------------------|-----|-----|-----|---------------------------|------|------|------|------|--|
|                                      |                    | PO1              | PO2 | PO3 | PO4 | PSO1                      | PSO2 | PSO3 | PSO4 | PSO5 |  |
| MSC510A<br>Clinical<br>Ophthalmology | CO1                | 3                | 3   | 3   | 3   | 3                         | 2    | 3    | 3    | 2    |  |
|                                      | CO 2               | 3                | 3   | 3   | 3   | 3                         | 2    | 2    | 3    | 2    |  |

3: Very Strong Contribution, 2: Strong Contribution, 1: Moderate Contribution

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## MS Ophthalmology 2022 onwards

Course Code: MSC511A

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| Course Title | Systemic Diseases in Relation to Ophthalmology |
|--------------|------------------------------------------------|
| Course Code  | MSC511A                                        |
| Department   | Ophthalmology                                  |
| Faculty      | Ramaiah Medical College                        |

### Course Summary:

This course is designed to enable the student to learn the principles of diagnosis and management of disorders of the posterior segment of the eye, disorders of strabismus, neuro-ophthalmology. In addition, the student learns the multi-disciplinary approach to diagnosing and managing ophthalmological disorders with systemic associations.

## Course Outcomes:

- CO 1: Demonstrate the ability to diagnose and manage disorders pof the posterior segment.. (A,C,P)
- CO 2: Demonstrate the ability to diagnose and manage ocular motility disorders and neuro-ophthalmology(A, C, P)
- CO3: Demonstrate the ability to diagnose and correlate ocular manifestations of systemic diseases and discuss appropriate management. (A,C, P)

#### Course Content:

- A.Diseases of the retina, uvea and intraocular tumours
- 1.Disorders of the Retina
- 2.Disorders of the Orbit
- 3. Paediatric ophthalmology
- 4.Ocular oncology
- B.Diseases of ocular motility and neuro-ophthalmology
- 1. Strabismus and Amblyopia
- 2. Disorders of the Optic Nerve and Visual Pathway
- 3. Neuro-ophthalmology
- C. Ocular manifestations of systemic diseases
- 1. Immune ocular disorders
- 2. Ocular involvement in systemic disease
- 3. Ocular genetics and disorders

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| Course Code<br>and name                                         | Course Out | Program Outcomes |     |     |     | Program Specific Outcomes |      |      |      |      |
|-----------------------------------------------------------------|------------|------------------|-----|-----|-----|---------------------------|------|------|------|------|
|                                                                 |            | PO1              | PO2 | PO3 | PO4 | PSO1                      | PSO2 | PSO3 | PSO4 | PSO5 |
| MSC511A<br>Systemic<br>Diseases in<br>Relation<br>Ophthalmology | CO1        | 3                | 3   | 3   | 3   | 3                         | 2    | 2    | 3    | 1    |
|                                                                 | CO 2       | 3                | 3   | 3   | 3   | 3                         | 2    | 2    | 3    | 1    |
| 7                                                               | CO3        | 3                | 3   | 2   | 2   | 3                         | 2    | 2    | 2    | 1    |

3: Very Strong Contribution, 2: Strong Contribution, 1: Moderate Contribution



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# MS Ophthalmology 2022 onwards

Course Code: MSC512A



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| Course Title | Recent Advances in Ophthalmology and Community Ophthalmology |
|--------------|--------------------------------------------------------------|
| Course Code  | MSC512A                                                      |
| Department   | Ophthalmology                                                |
| Faculty      | Medicine                                                     |

#### Course Summary:

The course is designed in such a way that the student will develop an understanding of community ophthalmology and master recent developments in ophthalmology

#### Course Outcomes:

CO 1: Be cognisant of the newer advances in the management of ocular disorders.(C)

CO 2: Demonstrate the ability to perform community screening and identify common preventable and treatable ophthalmological disorders and discuss appropriate management (C,A,P)

#### Course Content:

## A. Recent advances in ophthalmology

Ethics and Professionalism in Ophthalmology

Medico legal aspects in ophthalmology

Research methodology in ophthalmology

Designing a modern ophthalmic operation theatre

Video assisted surgeries

Awareness of 3D printing in ophthalmology

Awareness of Robotic surgeries

Newer lasers

Newer surgical techniques

Newer equipments

The state of the s

B. Community ophthalmology

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| Course Code<br>and name                                                             | Course<br>Outcomes | Program Outcomes |     |     |     | Program Specific Outcomes |      |      |      |      |  |
|-------------------------------------------------------------------------------------|--------------------|------------------|-----|-----|-----|---------------------------|------|------|------|------|--|
|                                                                                     |                    | PO1              | PO2 | PO3 | PO4 | PSO1                      | PSO2 | PSO3 | PSO4 | PSO5 |  |
| Recent<br>Advances in<br>Ophthalmology<br>and Community<br>Ophthalmology<br>MSC512A | CO 1               | 2                | 2   | 1   | 1   | 2                         | 1    | NA   | 1    | NA   |  |
|                                                                                     | CO 2               | 3                | 3   | 2   | 3   | 3                         | 3    | 3    | 2    | 1    |  |

3: Very Strong Contribution, 2: Strong Contribution, 1: Moderate Contribution



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## MSRUAS

## **Course Specifications**

## MS Ophthalmology 2022 onwards

Course Code: MSP503A

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| Course Title | Thesis- Ophthalmology   |  |
|--------------|-------------------------|--|
| Course Code  | MSP503A                 |  |
| Department   | Thesis – Ophthalmology  |  |
| Faculty      | Ramaiah medical College |  |

#### Course Summary:

The course is designed in such a way that the student will master the science of research in terms of designing, conducting and interpreting the results.

#### Course Outcome:

CO 1: Describe the techniques of research, identify available literature and critically analyse the same. (C)

#### Course content

To conduct research on a designated topic, write a proposal collect data, perform appropriate statistics and write a dissertation.

#### Course details:

Every candidate pursuing MS Ophthalmology degree course is required to carry out work on a selected research project under the guidance of a recognised post graduate teacher. The results of such a work shall be submitted in the form of a dissertation. The dissertation is aimed to train a post graduate student in research methods and techniques. It includes identification of a problem, formulation of a hypothesis, search and review of literature, getting acquainted with recent advances, designing of a research study, collection of data, critical analysis, comparison of results and drawing conclusions.

Every candidate shall submit to the Registrar (Academic) of the University in the prescribed proforma, a synopsis containing particulars of proposed dissertation work within six months from the date of commencement of the course on or before the dates notified by the University. The synopsis shall be sent through the proper channel.

Such synopsis will be reviewed and the dissertation topic will be registered by the University. No change in the dissertation topic or guide shall be made without prior approval of the University.

1. Introduction

2. Aims or Objectives of study

The dissertation should be written under the following headings:

- 3. Review of Literature
- 4. Material and Methods
- 5. Results
- 6. Discussion
- Conclusion
- 8. Summary
- References (Vancouver style)
- 10. Tables
- 11. Annexures

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| Course Code<br>and name              | Course<br>Outcomes | Progr | Program Outcomes |     |     |      | Program Specific Outcomes |      |      |      |  |  |
|--------------------------------------|--------------------|-------|------------------|-----|-----|------|---------------------------|------|------|------|--|--|
|                                      |                    | PO1   | PO2              | PO3 | PO4 | PSO1 | PSO2                      | PSO3 | PSO4 | PSO5 |  |  |
| MSP503A<br>Thesis –<br>Ophthalmology | CO 1               | 3     | 3                | 3   | 3   | 3    | 3                         | 3    | 3    | NA   |  |  |

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### Course Materials:

#### **Books and Journals**

- Ophthalmic Surgery: Principles and Techniques. Blackwell Science. AlbertDM.
- 2. Principles and Practice of Ophthalmology. Albert DM, Jakobiec. W BSaunders
- 3. Principles & Practice of Ophthalmology. GholamA Paymen
- 4. The Current American Academy of Ophthalmology Basic and Clinical Science Course (13volumes)
- 5. Duke Elder"s Practice of Refraction. Abrams D. Churchill Livingstone.
- 6. Text book of Ophthalmology. Yanoff and Duker
- 7. Retina. Stephen J Ryan:
- 8. Ophthalmic Ultrasound: Sandra Byrne and Ronald Green.
- 9. Cornea: Fundamentals, Diagnosis, and Management. Krachmer JH, Mannis MJ, Holland EJ. MosbyElsevier.
- 10. Ophthalmology: YanoffN, DukerJS. MosbyElsevier.
- 10. Review of Ophthalmology. Friedman NJ, Kaiser PK, TrattlerWB. ElseviewSaunders, Philadelphia. 12. Corneal Transplantation. Vajpayee RB. Jaypee Brothers MedicalPublishers (P) Ltd, NewDelhi.
- 11. Fundamentals of Clinical Ophthalmology Series, Coster D. Cornea. Blackwell PublishingLimited. 14. The Contact Lens Manual. A practical guide to fitting. GassonA, Morris A J. Butterworth Heinemann Elsevier Steinert "s cataract surgery. Shields Text bookofglaucoma Smith and Nozik :Uvea
- 12. Rootman's diseases of theorbit 1
- 13. Eyelid, conjunctival and orbital tumors. An atlas and textbook. Shields JA, Shields CL. Philadelphia: Lippincott Williams & Wilkins. M.S.Ramaiah Universit

Intraocular tumors. An atlas and textbook. Shields JA, ShieldsCL. Bangalore

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- 15. Pediatric Ophthalmology. Taylor and Hoyt: SaundersLtd.
- 16. Management of Strabismus and Amblyopia. Pratt-Johnson and Tilson: ThiemeVerlag.
- 17. Handbook of Pediatric Eye and Systemic disease. Wright, Spiegel and Thompson.
- Binocular Vision and Ocular Motility. Theory and Management of Strabismus. Von NoordenGK. Mosby.
- 19. Surgical Management of Strabismus. Helveston:
- 20. Strabismus: A Decision Making Approach. Von NoordenandHelveston:
- 21. Thyroid Eye Diseases. Char DR. Williams and Wilkins, Baltimore.
- 22. A Manual of Systematic Eyelid Surgery. Collin JRO (ed). ChurchillLivingstone, Edinburgh.
- 23. Refractive Surgery. AgarwalA, AgarwalA, Jacob Soosan. Jaypee.
- 24. LASIK Complications, Prevention and management. Gimbel HV, Penno EEA. SlackInc.
- 25. Management of Complications of Refractive Surgery. AlioJL, Azar DT. Springer.
- Quality of Vision: Essential Optics for the Cataract and Refractive Surgeon. Holladay JT. SlackInc. 33. Ocular Pharmacology: Havener
- 27. Anatomy: Wolff's Anatomy of the Eye and Orbit
- 28. Physiology: Adler"s Physiology of the Eye
- Textbook of Ophthalmology (2 volumes). Easty DL, Sparrow JM.Oxford Oxford MedicalPublications.
- The Eye. Basic Sciences in Practice. Forrester JV, Dick AD, McMenamin PG, Lee WR. W BSaunders
- 31. Indian Journal of Ophthalmology
- 32. Journal of Glaucoma
- 33. Clinical and Experimental Ophthalmology

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